

East Point, Maurice River Cove, NJ - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:38	6.4	8:04	5.2	1:25	-0.4	2:24	-0.4	6:32	5:52	
2	Mon	8:27	6.4	8:50	5.6	2:21	-0.6	3:08	-0.5	6:30	5:53	
3	Tue	9:12	6.4	9:32	5.8	3:11	-0.8	3:46	-0.6	6:29	5:54	
4	Wed	9:52	6.1	10:12	5.9	3:56	-0.8	4:22	-0.6	6:27	5:55	
5	Thu	10:30	5.8	10:50	5.9	4:38	-0.6	4:57	-0.4	6:26	5:56	
6	Fri	11:08	5.5	11:28	5.8	5:20	-0.4	5:33	-0.2	6:24	5:57	
7	Sat	11:45	5.1			6:02	0.0	6:10	0.1	6:23	5:58	
8	Sun	12:07	5.7	1:24	4.7	7:47	0.3	7:50	0.4	7:21	6:59	
9	Mon	1:49	5.5	2:05	4.3	8:36	0.7	8:33	0.7	7:20	7:00	
10	Tue	2:34	5.3	2:53	4.0	9:28	1.0	9:21	0.9	7:18	7:01	
11	Wed	3:27	5.1	3:50	3.7	10:27	1.2	10:15	1.0	7:17	7:02	
12	Thu	4:30	5.0	5:00	3.7	11:31	1.3	11:16	1.1	7:15	7:03	
13	Fri	5:37	5.1	6:07	3.9			12:34	1.2	7:13	7:04	
14	Sat	6:35	5.3	7:01	4.2	12:18	0.9	1:27	0.9	7:12	7:05	
15	Sun	7:26	5.6	7:48	4.6	1:15	0.7	2:11	0.6	7:10	7:06	
16	Mon	8:12	5.9	8:32	5.1	2:07	0.3	2:51	0.3	7:09	7:08	
17	Tue	8:55	6.1	9:14	5.6	2:55	-0.1	3:29	-0.1	7:07	7:09	
18	Wed	9:37	6.2	9:54	6.0	3:41	-0.4	4:06	-0.4	7:06	7:10	
19	Thu	10:18	6.2	10:35	6.4	4:25	-0.7	4:43	-0.6	7:04	7:11	
20	Fri	11:00	6.1	11:18	6.7	5:09	-0.8	5:22	-0.7	7:02	7:11	
21	Sat	11:44	5.8			5:55	-0.7	6:04	-0.6	7:01	7:12	
22	Sun	12:03	6.8	12:31	5.5	6:45	-0.5	6:50	-0.5	6:59	7:13	
23	Mon	12:53	6.7	1:22	5.1	7:41	-0.2	7:41	-0.2	6:58	7:14	
24	Tue	1:47	6.5	2:20	4.7	8:42	0.1	8:39	0.1	6:56	7:15	
25	Wed	2:49	6.3	3:27	4.4	9:49	0.4	9:43	0.4	6:55	7:16	
26	Thu	4:00	6.1	4:45	4.4	11:01	0.6	10:54	0.5	6:53	7:17	
27	Fri	5:18	6.0	6:01	4.6			12:15	0.6	6:51	7:18	
28	Sat	6:29	6.0	7:04	5.0	12:08	0.5	1:18	0.4	6:50	7:19	
29	Sun	7:29	6.1	7:57	5.4	1:17	0.3	2:12	0.2	6:48	7:20	
30	Mon	8:21	6.1	8:45	5.8	2:18	0.0	2:58	0.0	6:47	7:21	
31	Tue	9:07	6.1	9:28	6.1	3:11	-0.2	3:39	-0.1	6:45	7:22	