US HARBORS www.USHarbors.com

East Point, Maurice River Cove, NJ - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:25	6.6	6:50	4.8	12:08	-0.7	1:12	-0.4	7:19	4:48	
2	Wed	7:23	6.9	7:49	4.9	1:07	-0.9	2:11	-0.7	7:19	4:48	
3	Thu	8:17	7.0	8:44	5.1	2:04	-1.0	3:04	-0.9	7:19	4:49	
4	Fri	9:09	7.1	9:35	5.2	2:58	-1.1	3:53	-1.0	7:19	4:50	
5	Sat	9:58	6.9	10:24	5.2	3:49	-1.1	4:38	-1.0	7:19	4:51	
6	Sun	10:45	6.6	11:12	5.2	4:38	-0.9	5:23	-0.8	7:19	4:52	
7	Mon	11:30	6.2	11:59	5.1	5:27	-0.6	6:09	-0.6	7:19	4:53	
8	Tue			12:15	5.7	6:18	-0.3	6:54	-0.4	7:19	4:54	
9	Wed	12:46	5.0	1:00	5.2	7:11	0.1	7:40	-0.1	7:19	4:55	
10	Thu	1:34	4.9	1:46	4.7	8:06	0.4	8:26	0.1	7:19	4:56	
11	Fri	2:23	4.8	2:36	4.3	9:03	0.7	9:13	0.3	7:18	4:57	
12	Sat	3:18	4.8	3:32	4.0	10:04	0.8	10:02	0.4	7:18	4:58	
13	Sun	4:16	4.9	4:33	3.9	11:07	0.9	10:54	0.4	7:18	4:59	
14	Mon	5:11	5.0	5:30	3.9			12:06	0.8	7:18	5:00	
15	Tue	6:01	5.3	6:21	4.0			12:59	0.6	7:17	5:01	
16	Wed	6:47	5.5	7:08	4.1	12:33	0.2	1:45	0.3	7:17	5:02	
17	Thu	7:31	5.8	7:53	4.3	1:20	-0.1	2:26	0.1	7:16	5:03	
18	Fri	8:13	6.0	8:35	4.5	2:04	-0.3	3:02	-0.2	7:16	5:04	
19	Sat	8:53	6.2	9:16	4.8	2:47	-0.5	3:37	-0.4	7:15	5:05	
20	Sun	9:32	6.2	9:55	5.0	3:28	-0.7	4:12	-0.6	7:15	5:06	
21	Mon	10:11	6.2	10:36	5.2	4:09	-0.8	4:49	-0.7	7:14	5:08	
22	Tue	10:51	6.1	11:19	5.3	4:53	-0.8	5:28	-0.8	7:14	5:09	
23	Wed	11:34	5.8			5:40	-0.7	6:11	-0.8	7:13	5:10	
24	Thu	12:05	5.5	12:20	5.5	6:31	-0.5	6:58	-0.7	7:12	5:11	
25	Fri	12:55	5.6	1:10	5.1	7:28	-0.3	7:49	-0.6	7:12	5:12	
26	Sat	1:50	5.6	2:06	4.7	8:29	-0.1	8:44	-0.5	7:11	5:13	
27	Sun	2:53	5.7	3:13	4.4	9:36	0.1	9:44	-0.4	7:10	5:15	
28	Mon	4:03	5.8	4:29	4.2	10:47	0.1	10:49	-0.4	7:09	5:16	
29	Tue	5:12	6.0	5:40	4.3	11:58	-0.1	11:54	-0.5	7:09	5:17	
30	Wed	6:16	6.2	6:43	4.5			1:03	-0.3	7:08	5:18	
31	Thu	7:14	6.5	7:40	4.8	12:57	-0.7	2:00	-0.5	7:07	5:19	