


































East Point, Maurice River Cove, NJ - Jul 2025

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 11:33 | 4.9 | 11:45 | 6.5 | 5:57 | 0.5 | 5:40 | 0.7 | 5:37 | 8:30 |  |
| 2 | Sun | | | 12:12 | 4.9 | 6:32 | 0.6 | 6:20 | 0.8 | 5:38 | 8:30 |  |
| 3 | Mon | 12:23 | 6.3 | 12:51 | 5.0 | 7:09 | 0.7 | 7:03 | 1.0 | 5:38 | 8:30 |  |
| 4 | Tue | 1:02 | 6.0 | 1:31 | 5.1 | 7:47 | 0.7 | 7:48 | 1.1 | 5:39 | 8:29 |  |
| 5 | Wed | 1:41 | 5.8 | 2:12 | 5.2 | 8:25 | 0.8 | 8:37 | 1.3 | 5:40 | 8:29 |  |
| 6 | Thu | 2:22 | 5.5 | 2:56 | 5.3 | 9:04 | 0.8 | 9:28 | 1.4 | 5:40 | 8:29 |  |
| 7 | Fri | 3:05 | 5.2 | 3:44 | 5.5 | 9:45 | 0.8 | 10:23 | 1.4 | 5:41 | 8:29 |  |
| 8 | Sat | 3:55 | 4.9 | 4:37 | 5.8 | 10:31 | 0.8 | 11:22 | 1.4 | 5:41 | 8:28 |  |
| 9 | Sun | 4:53 | 4.7 | 5:35 | 6.1 | 11:21 | 0.7 | | | 5:42 | 8:28 |  |
| 10 | Mon | 5:55 | 4.6 | 6:32 | 6.5 | 12:24 | 1.2 | 12:15 | 0.6 | 5:43 | 8:28 |  |
| 11 | Tue | 6:56 | 4.7 | 7:27 | 6.9 | 1:24 | 0.9 | 1:11 | 0.4 | 5:43 | 8:27 |  |
| 12 | Wed | 7:54 | 4.9 | 8:23 | 7.2 | 2:23 | 0.6 | 2:08 | 0.1 | 5:44 | 8:27 |  |
| 13 | Thu | 8:52 | 5.1 | 9:18 | 7.5 | 3:19 | 0.2 | 3:05 | -0.1 | 5:45 | 8:26 |  |
| 14 | Fri | 9:49 | 5.4 | 10:12 | 7.7 | 4:11 | -0.1 | 4:00 | -0.4 | 5:46 | 8:26 |  |
| 15 | Sat | 10:43 | 5.7 | 11:04 | 7.7 | 5:01 | -0.3 | 4:54 | -0.5 | 5:46 | 8:25 |  |
| 16 | Sun | 11:36 | 6.0 | 11:56 | 7.5 | 5:49 | -0.4 | 5:48 | -0.4 | 5:47 | 8:25 |  |
| 17 | Mon | | | 12:30 | 6.2 | 6:38 | -0.4 | 6:45 | -0.3 | 5:48 | 8:24 |  |
| 18 | Tue | 12:49 | 7.1 | 1:24 | 6.4 | 7:28 | -0.3 | 7:45 | 0.0 | 5:49 | 8:23 |  |
| 19 | Wed | 1:41 | 6.6 | 2:19 | 6.4 | 8:20 | -0.2 | 8:47 | 0.3 | 5:49 | 8:23 |  |
| 20 | Thu | 2:35 | 6.1 | 3:15 | 6.5 | 9:11 | 0.1 | 9:51 | 0.6 | 5:50 | 8:22 |  |
| 21 | Fri | 3:32 | 5.5 | 4:14 | 6.4 | 10:04 | 0.3 | 10:58 | 0.9 | 5:51 | 8:21 |  |
| 22 | Sat | 4:34 | 5.1 | 5:17 | 6.4 | 10:58 | 0.5 | | | 5:52 | 8:20 |  |
| 23 | Sun | 5:40 | 4.8 | 6:17 | 6.5 | 12:06 | 1.0 | 11:54 AM | 0.7 | 5:53 | 8:20 |  |
| 24 | Mon | 6:41 | 4.6 | 7:11 | 6.5 | 1:11 | 1.1 | 12:50 | 0.8 | 5:54 | 8:19 |  |
| 25 | Tue | 7:36 | 4.6 | 8:01 | 6.6 | 2:09 | 1.0 | 1:44 | 0.8 | 5:54 | 8:18 |  |
| 26 | Wed | 8:26 | 4.7 | 8:47 | 6.6 | 3:01 | 0.9 | 2:34 | 0.8 | 5:55 | 8:17 |  |
| 27 | Thu | 9:10 | 4.8 | 9:29 | 6.7 | 3:45 | 0.8 | 3:20 | 0.7 | 5:56 | 8:16 |  |
| 28 | Fri | 9:51 | 5.0 | 10:07 | 6.7 | 4:22 | 0.7 | 4:02 | 0.7 | 5:57 | 8:15 |  |
| 29 | Sat | 10:29 | 5.1 | 10:43 | 6.6 | 4:56 | 0.6 | 4:41 | 0.6 | 5:58 | 8:14 |  |
| 30 | Sun | 11:05 | 5.3 | 11:19 | 6.5 | 5:27 | 0.6 | 5:18 | 0.7 | 5:59 | 8:13 |  |
| 31 | Mon | 11:41 | 5.4 | 11:54 | 6.3 | 5:58 | 0.6 | 5:55 | 0.8 | 6:00 | 8:12 |  |