

































## East Point, Maurice River Cove, NJ - Jul 2026

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Sun | 7:45  | 4.6 | 8:10  | 6.6 | 2:18  | 1.0  | 1:55  | 0.6  | 5:37  | 8:30 |    |
| 2    | Mon | 8:36  | 4.7 | 8:58  | 6.9 | 3:07  | 0.7  | 2:44  | 0.4  | 5:38  | 8:30 |    |
| 3    | Tue | 9:26  | 4.9 | 9:45  | 7.1 | 3:53  | 0.4  | 3:33  | 0.2  | 5:38  | 8:30 |    |
| 4    | Wed | 10:14 | 5.2 | 10:32 | 7.3 | 4:36  | 0.2  | 4:22  | 0.0  | 5:39  | 8:29 |    |
| 5    | Thu | 11:02 | 5.4 | 11:19 | 7.3 | 5:20  | 0.0  | 5:10  | -0.1 | 5:39  | 8:29 |    |
| 6    | Fri | 11:51 | 5.6 |       |     | 6:04  | -0.2 | 6:01  | -0.1 | 5:40  | 8:29 |    |
| 7    | Sat | 12:07 | 7.2 | 12:41 | 5.9 | 6:50  | -0.2 | 6:55  | 0.0  | 5:41  | 8:29 |    |
| 8    | Sun | 12:56 | 6.9 | 1:33  | 6.1 | 7:39  | -0.2 | 7:53  | 0.1  | 5:41  | 8:28 |    |
| 9    | Mon | 1:48  | 6.5 | 2:27  | 6.3 | 8:29  | -0.1 | 8:55  | 0.3  | 5:42  | 8:28 |    |
| 10   | Tue | 2:41  | 6.1 | 3:24  | 6.4 | 9:20  | 0.0  | 9:58  | 0.5  | 5:43  | 8:28 |    |
| 11   | Wed | 3:39  | 5.6 | 4:25  | 6.5 | 10:14 | 0.1  | 11:05 | 0.7  | 5:43  | 8:27 |    |
| 12   | Thu | 4:44  | 5.2 | 5:30  | 6.7 | 11:10 | 0.2  |       |      | 5:44  | 8:27 |   |
| 13   | Fri | 5:52  | 4.9 | 6:31  | 6.8 | 12:14 | 0.7  | 12:08 | 0.3  | 5:45  | 8:26 |  |
| 14   | Sat | 6:56  | 4.8 | 7:29  | 6.9 | 1:21  | 0.7  | 1:06  | 0.4  | 5:45  | 8:26 |  |
| 15   | Sun | 7:55  | 4.8 | 8:22  | 7.0 | 2:23  | 0.6  | 2:03  | 0.4  | 5:46  | 8:25 |  |
| 16   | Mon | 8:49  | 4.9 | 9:13  | 7.0 | 3:18  | 0.5  | 2:58  | 0.3  | 5:47  | 8:25 |  |
| 17   | Tue | 9:39  | 5.1 | 9:58  | 7.0 | 4:06  | 0.4  | 3:48  | 0.3  | 5:48  | 8:24 |  |
| 18   | Wed | 10:24 | 5.2 | 10:40 | 6.9 | 4:48  | 0.3  | 4:33  | 0.3  | 5:48  | 8:23 |  |
| 19   | Thu | 11:05 | 5.3 | 11:19 | 6.7 | 5:26  | 0.3  | 5:15  | 0.4  | 5:49  | 8:23 |  |
| 20   | Fri | 11:44 | 5.3 | 11:57 | 6.4 | 6:02  | 0.4  | 5:56  | 0.6  | 5:50  | 8:22 |  |
| 21   | Sat |       |     | 12:23 | 5.4 | 6:37  | 0.5  | 6:38  | 0.8  | 5:51  | 8:21 |  |
| 22   | Sun | 12:35 | 6.2 | 1:02  | 5.4 | 7:14  | 0.6  | 7:23  | 1.0  | 5:52  | 8:21 |  |
| 23   | Mon | 1:13  | 5.8 | 1:41  | 5.5 | 7:51  | 0.8  | 8:09  | 1.2  | 5:53  | 8:20 |  |
| 24   | Tue | 1:52  | 5.5 | 2:23  | 5.5 | 8:30  | 0.9  | 8:58  | 1.4  | 5:53  | 8:19 |  |
| 25   | Wed | 2:33  | 5.2 | 3:07  | 5.6 | 9:10  | 1.0  | 9:50  | 1.6  | 5:54  | 8:18 |  |
| 26   | Thu | 3:19  | 4.8 | 3:58  | 5.7 | 9:53  | 1.1  | 10:46 | 1.7  | 5:55  | 8:17 |  |
| 27   | Fri | 4:13  | 4.6 | 4:54  | 5.8 | 10:41 | 1.1  | 11:47 | 1.6  | 5:56  | 8:16 |  |
| 28   | Sat | 5:15  | 4.5 | 5:53  | 6.1 | 11:33 | 1.0  |       |      | 5:57  | 8:16 |  |
| 29   | Sun | 6:16  | 4.5 | 6:48  | 6.4 | 12:47 | 1.5  | 12:28 | 0.9  | 5:58  | 8:15 |  |
| 30   | Mon | 7:13  | 4.7 | 7:41  | 6.7 | 1:43  | 1.2  | 1:24  | 0.7  | 5:59  | 8:14 |  |
| 31   | Tue | 8:08  | 5.0 | 8:32  | 7.1 | 2:36  | 0.8  | 2:19  | 0.4  | 5:59  | 8:13 |  |