

Fishing Creek entrance, NJ - Mar 1990

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | | | 12:08 | 5.2 | 6:25 | -0.2 | 6:33 | -0.1 | 6:33 | 5:52 | ☾ |
| 2 | Fri | 12:27 | 5.7 | 1:05 | 5.0 | 7:22 | 0.0 | 7:26 | 0.1 | 6:31 | 5:53 | ☾ |
| 3 | Sat | 1:25 | 5.6 | 2:07 | 4.8 | 8:24 | 0.2 | 8:26 | 0.2 | 6:30 | 5:54 | ☾ |
| 4 | Sun | 2:30 | 5.4 | 3:15 | 4.6 | 9:28 | 0.3 | 9:30 | 0.3 | 6:28 | 5:55 | ☾ |
| 5 | Mon | 3:41 | 5.3 | 4:24 | 4.6 | 10:32 | 0.3 | 10:35 | 0.3 | 6:27 | 5:57 | ☾ |
| 6 | Tue | 4:52 | 5.3 | 5:29 | 4.8 | 11:34 | 0.2 | 11:39 | 0.2 | 6:25 | 5:58 | ☾ |
| 7 | Wed | 5:57 | 5.4 | 6:28 | 5.0 | | | 12:32 | 0.1 | 6:24 | 5:59 | ☾ |
| 8 | Thu | 6:54 | 5.5 | 7:21 | 5.2 | 12:38 | 0.1 | 1:25 | -0.1 | 6:22 | 6:00 | ☾ |
| 9 | Fri | 7:45 | 5.6 | 8:09 | 5.4 | 1:33 | -0.1 | 2:13 | -0.2 | 6:21 | 6:01 | ☾ |
| 10 | Sat | 8:30 | 5.6 | 8:53 | 5.5 | 2:23 | -0.2 | 2:56 | -0.3 | 6:19 | 6:02 | ☾ |
| 11 | Sun | 9:11 | 5.6 | 9:34 | 5.6 | 3:09 | -0.2 | 3:36 | -0.2 | 6:18 | 6:03 | ☾ |
| 12 | Mon | 9:51 | 5.5 | 10:12 | 5.6 | 3:52 | -0.2 | 4:13 | -0.1 | 6:16 | 6:04 | ☾ |
| 13 | Tue | 10:30 | 5.4 | 10:49 | 5.6 | 4:33 | -0.1 | 4:48 | 0.0 | 6:14 | 6:05 | ☾ |
| 14 | Wed | 11:09 | 5.2 | 11:24 | 5.5 | 5:13 | 0.0 | 5:20 | 0.1 | 6:13 | 6:06 | ☾ |
| 15 | Thu | 11:49 | 5.0 | | | 5:52 | 0.1 | 5:51 | 0.2 | 6:11 | 6:07 | ☾ |
| 16 | Fri | 12:00 | 5.5 | 12:30 | 4.9 | 6:33 | 0.3 | 6:24 | 0.3 | 6:10 | 6:08 | ☾ |
| 17 | Sat | 12:37 | 5.4 | 1:15 | 4.7 | 7:17 | 0.4 | 7:03 | 0.4 | 6:08 | 6:09 | ☾ |
| 18 | Sun | 1:18 | 5.3 | 2:05 | 4.6 | 8:06 | 0.5 | 7:51 | 0.5 | 6:07 | 6:10 | ☾ |
| 19 | Mon | 2:08 | 5.2 | 3:01 | 4.5 | 9:00 | 0.6 | 8:48 | 0.6 | 6:05 | 6:11 | ☾ |
| 20 | Tue | 3:07 | 5.2 | 4:00 | 4.5 | 9:58 | 0.6 | 9:51 | 0.5 | 6:03 | 6:12 | ☾ |
| 21 | Wed | 4:11 | 5.2 | 4:58 | 4.7 | 10:56 | 0.5 | 10:55 | 0.4 | 6:02 | 6:13 | ☾ |
| 22 | Thu | 5:14 | 5.3 | 5:52 | 4.9 | 11:51 | 0.4 | 11:57 | 0.3 | 6:00 | 6:14 | ☾ |
| 23 | Fri | 6:10 | 5.5 | 6:42 | 5.2 | | | 12:44 | 0.3 | 5:59 | 6:15 | ☾ |
| 24 | Sat | 7:02 | 5.7 | 7:28 | 5.5 | 12:55 | 0.1 | 1:33 | 0.1 | 5:57 | 6:16 | ☾ |
| 25 | Sun | 7:50 | 5.8 | 8:13 | 5.9 | 1:51 | -0.1 | 2:20 | 0.0 | 5:56 | 6:17 | ☾ |
| 26 | Mon | 8:37 | 5.8 | 8:57 | 6.1 | 2:44 | -0.3 | 3:06 | -0.1 | 5:54 | 6:18 | ☾ |
| 27 | Tue | 9:24 | 5.8 | 9:41 | 6.3 | 3:36 | -0.4 | 3:50 | -0.1 | 5:52 | 6:19 | ☾ |
| 28 | Wed | 10:12 | 5.7 | 10:28 | 6.4 | 4:27 | -0.3 | 4:36 | -0.1 | 5:51 | 6:20 | ☾ |
| 29 | Thu | 11:02 | 5.5 | 11:17 | 6.3 | 5:20 | -0.2 | 5:23 | 0.0 | 5:49 | 6:21 | ☾ |
| 30 | Fri | 11:56 | 5.3 | | | 6:14 | 0.0 | 6:14 | 0.2 | 5:48 | 6:22 | ☾ |
| 31 | Sat | 12:11 | 6.1 | 12:55 | 5.1 | 7:11 | 0.2 | 7:10 | 0.4 | 5:46 | 6:23 | ☾ |