

































Forked River, NJ - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:13	0.3	6:51	0.3	12:41	0.1	12:50	0.1	5:32	8:28	
2	Mon	7:05	0.3	7:41	0.3	1:38	0.1	1:38	0.1	5:32	8:28	
3	Tue	8:01	0.3	8:33	0.4	2:30	0.1	2:25	0.1	5:33	8:28	
4	Wed	8:58	0.3	9:22	0.4	3:18	0.1	3:11	0.1	5:33	8:28	
5	Thu	9:49	0.3	10:07	0.4	4:04	0.0	3:56	0.1	5:34	8:28	
6	Fri	10:34	0.3	10:48	0.4	4:49	0.0	4:41	0.1	5:34	8:28	
7	Sat	11:16	0.3	11:26	0.4	5:34	0.0	5:26	0.1	5:35	8:27	
8	Sun	11:56	0.3			6:17	0.0	6:11	0.1	5:36	8:27	
9	Mon	12:03	0.4	12:35	0.3	6:57	0.0	6:53	0.0	5:36	8:27	
10	Tue	12:40	0.4	1:14	0.3	7:35	0.0	7:34	0.0	5:37	8:26	
11	Wed	1:19	0.4	1:55	0.3	8:10	0.0	8:14	0.0	5:38	8:26	
12	Thu	2:01	0.4	2:40	0.3	8:46	0.0	8:57	0.1	5:38	8:25	
13	Fri	2:48	0.4	3:29	0.3	9:24	0.0	9:47	0.1	5:39	8:25	
14	Sat	3:41	0.3	4:20	0.4	10:07	0.0	10:50	0.1	5:40	8:24	
15	Sun	4:36	0.3	5:13	0.4	11:00	0.0			5:40	8:24	
16	Mon	5:34	0.3	6:09	0.4	12:03	0.1	12:03	0.0	5:41	8:23	
17	Tue	6:36	0.3	7:11	0.4	1:15	0.1	1:09	0.0	5:42	8:23	
18	Wed	7:45	0.3	8:18	0.4	2:20	0.0	2:13	0.0	5:43	8:22	
19	Thu	8:55	0.3	9:22	0.4	3:20	0.0	3:14	0.0	5:44	8:21	
20	Fri	9:57	0.3	10:20	0.4	4:17	0.0	4:12	0.0	5:44	8:21	
21	Sat	10:53	0.4	11:12	0.4	5:11	0.0	5:09	0.0	5:45	8:20	
22	Sun	11:46	0.4			6:03	0.0	6:04	0.0	5:46	8:19	
23	Mon	12:01	0.4	12:36	0.4	6:52	0.0	6:56	0.0	5:47	8:18	
24	Tue	12:49	0.4	1:26	0.4	7:36	0.0	7:43	0.0	5:48	8:18	
25	Wed	1:37	0.4	2:15	0.4	8:18	0.0	8:29	0.0	5:49	8:17	
26	Thu	2:24	0.4	3:04	0.4	8:57	0.0	9:14	0.0	5:50	8:16	
27	Fri	3:12	0.3	3:52	0.4	9:37	0.0	10:02	0.1	5:50	8:15	
28	Sat	4:00	0.3	4:38	0.3	10:18	0.0	10:56	0.1	5:51	8:14	
29	Sun	4:47	0.3	5:23	0.3	11:05	0.1	11:56	0.1	5:52	8:13	
30	Mon	5:35	0.3	6:09	0.3	11:57	0.1			5:53	8:12	
31	Tue	6:25	0.3	6:59	0.3	12:58	0.1	12:53	0.1	5:54	8:11	