US HARBORS www.USHarbors.com

Gooseneck Point, NJ - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**7:44**	3.0	**8:18**	2.4	**1:47**	-0.3	**2:49**	-0.3	7:18	4:40	
2	Fri	**8:40**	3.1	**9:13**	2.5	**2:44**	-0.3	**3:44**	-0.4	7:18	4:41	
3	Sat	**9:33**	3.2	**10:06**	2.6	**3:41**	-0.4	**4:37**	-0.5	7:18	4:42	
4	Sun	**10:24**	3.1	**10:58**	2.6	**4:36**	-0.4	**5:27**	-0.6	7:18	4:43	
5	Mon	**11:14**	3.0	**11:51**	2.6	**5:28**	-0.4	**6:14**	-0.5	7:18	4:44	
6	Tue			**12:04**	2.9	**6:17**	-0.3	**6:58**	-0.4	7:18	4:45	
7	Wed	**12:43**	2.5	**12:55**	2.7	**7:04**	-0.1	**7:42**	-0.3	7:18	4:46	
8	Thu	**1:36**	2.5	**1:45**	2.5	**7:53**	0.0	**8:26**	-0.1	7:18	4:47	
9	Fri	**2:26**	2.4	**2:34**	2.3	**8:46**	0.2	**9:13**	0.0	7:18	4:48	
10	Sat	**3:13**	2.4	**3:22**	2.1	**9:44**	0.3	**10:04**	0.2	7:18	4:49	
11	Sun	**4:00**	2.3	**4:11**	2.0	**10:47**	0.4	**10:56**	0.3	7:18	4:50	
12	Mon	**4:47**	2.3	**5:03**	1.9	**11:47**	0.4	**11:49**	0.3	7:17	4:51	
13	Tue	**5:40**	2.3	**6:02**	1.8			**12:41**	0.3	7:17	4:52	
14	Wed	**6:35**	2.3	**7:01**	1.8	**12:39**	0.3	**1:31**	0.2	7:17	4:53	
15	Thu	**7:27**	2.4	**7:53**	1.9	**1:27**	0.2	**2:18**	0.1	7:16	4:54	
16	Fri	**8:13**	2.5	**8:39**	2.0	**2:13**	0.2	**3:03**	0.0	7:16	4:55	
17	Sat	**8:54**	2.6	**9:20**	2.1	**2:58**	0.1	**3:47**	-0.1	7:15	4:56	
18	Sun	**9:32**	2.7	**9:58**	2.2	**3:43**	0.0	**4:30**	-0.2	7:15	4:57	
19	Mon	**10:09**	2.7	**10:35**	2.2	**4:27**	0.0	**5:09**	-0.2	7:14	4:58	
20	Tue	**10:45**	2.7	**11:12**	2.3	**5:08**	0.0	**5:46**	-0.3	7:14	5:00	
21	Wed	**11:22**	2.7	**11:51**	2.3	**5:48**	-0.1	**6:21**	-0.3	7:13	5:01	
22	Thu			**12:03**	2.6	**6:27**	-0.1	**6:55**	-0.3	7:12	5:02	
23	Fri	**12:34**	2.4	**12:49**	2.5	**7:09**	0.0	**7:32**	-0.2	7:12	5:03	
24	Sat	**1:22**	2.4	**1:40**	2.3	**7:57**	0.1	**8:14**	-0.2	7:11	5:04	
25	Sun	**2:15**	2.5	**2:37**	2.2	**8:58**	0.2	**9:07**	-0.1	7:10	5:06	
26	Mon	**3:10**	2.5	**3:37**	2.1	**10:14**	0.2	**10:13**	0.0	7:10	5:07	
27	Tue	**4:10**	2.6	**4:42**	2.0	**11:30**	0.2	**11:26**	0.0	7:09	5:08	
28	Wed	**5:16**	2.6	**5:54**	2.0			**12:38**	0.0	7:08	5:09	
29	Thu	**6:27**	2.7	**7:05**	2.1	**12:34**	-0.1	**1:39**	-0.1	7:07	5:10	
30	Fri	**7:33**	2.8	**8:07**	2.3	**1:36**	-0.2	**2:36**	-0.3	7:06	5:12	
31	Sat	**8:30**	2.9	**9:01**	2.5	**2:34**	-0.3	**3:29**	-0.4	7:05	5:13	