US HARBORS www.USHarbors.com

Gooseneck Point, NJ - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:17	2.8	8:46	2.6	2:24	-0.2	3:08	-0.3	6:29	5:47	
2	Mon	9:04	2.9	9:32	2.7	3:16	-0.3	3:54	-0.4	6:27	5:48	
3	Tue	9:48	2.9	10:15	2.8	4:05	-0.3	4:37	-0.4	6:26	5:49	
4	Wed	10:29	2.8	10:56	2.8	4:51	-0.3	5:17	-0.4	6:24	5:50	
5	Thu	11:10	2.7	11:36	2.7	5:34	-0.3	5:53	-0.3	6:22	5:52	
6	Fri	11:50	2.5			6:14	-0.2	6:27	-0.2	6:21	5:53	
7	Sat	12:16	2.6	12:32	2.3	6:52	-0.1	6:59	0.0	6:19	5:54	
8	Sun	12:57	2.5	2:16	2.1	8:31	0.1	8:32	0.2	7:18	6:55	
9	Mon	2:40	2.4	3:03	2.0	9:13	0.3	9:07	0.4	7:16	6:56	
10	Tue	3:26	2.3	3:53	1.9	10:05	0.4	9:55	0.5	7:15	6:57	
11	Wed	4:14	2.2	4:45	1.8	11:11	0.5	11:05	0.6	7:13	6:58	
12	Thu	5:07	2.2	5:42	1.8			12:20	0.5	7:11	6:59	
13	Fri	6:06	2.2	6:46	1.8	12:21	0.6	1:20	0.4	7:10	7:00	
14	Sat	7:09	2.2	7:47	2.0	1:25	0.5	2:12	0.3	7:08	7:01	
15	Sun	8:07	2.4	8:38	2.2	2:19	0.4	2:58	0.1	7:07	7:02	
16	Mon	8:56	2.6	9:22	2.4	3:08	0.2	3:41	0.0	7:05	7:03	
17	Tue	9:39	2.7	10:01	2.6	3:55	0.0	4:23	-0.2	7:03	7:04	
18	Wed	10:19	2.8	10:39	2.8	4:42	-0.1	5:04	-0.3	7:02	7:05	
19	Thu	11:00	2.8	11:18	3.0	5:29	-0.3	5:45	-0.4	7:00	7:07	
20	Fri	11:43	2.8			6:15	-0.3	6:25	-0.4	6:58	7:08	
21	Sat	12:00	3.0	12:28	2.7	7:00	-0.3	7:06	-0.3	6:57	7:09	
22	Sun	12:46	3.0	1:19	2.5	7:47	-0.3	7:48	-0.2	6:55	7:10	
23	Mon	1:38	3.0	2:16	2.4	8:37	-0.1	8:35	-0.1	6:53	7:11	
24	Tue	2:37	2.8	3:19	2.3	9:36	0.0	9:33	0.1	6:52	7:12	
25	Wed	3:40	2.7	4:22	2.2	10:47	0.2	10:47	0.3	6:50	7:13	
26	Thu	4:44	2.6	5:27	2.2			12:02	0.2	6:49	7:14	
27	Fri	5:50	2.6	6:34	2.3	12:06	0.3	1:08	0.1	6:47	7:15	
28	Sat	6:59	2.6	7:40	2.4	1:16	0.2	2:05	0.0	6:45	7:16	
29	Sun	8:03	2.6	8:37	2.6	2:16	0.1	2:55	-0.1	6:44	7:17	
30	Mon	8:56	2.7	9:25	2.8	3:09	0.0	3:41	-0.2	6:42	7:18	
31	Tue	9:42	2.7	10:07	2.9	3:58	-0.1	4:24	-0.2	6:40	7:19	