

Highlands, NJ - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:00	4.5	5:39	4.7	11:28	-0.1			5:55	7:50	
2	Sat	6:01	4.5	6:34	5.0	12:02	0.1	12:17	-0.2	5:53	7:51	
3	Sun	6:56	4.6	7:23	5.2	12:55	-0.1	1:05	-0.3	5:52	7:52	
4	Mon	7:46	4.6	8:08	5.4	1:47	-0.2	1:51	-0.3	5:51	7:53	
5	Tue	8:33	4.5	8:50	5.3	2:37	-0.3	2:37	-0.2	5:50	7:54	
6	Wed	9:19	4.4	9:32	5.2	3:25	-0.3	3:21	0.0	5:49	7:55	
7	Thu	10:05	4.2	10:15	4.9	4:10	-0.2	4:04	0.2	5:47	7:56	
8	Fri	10:53	4.0	10:59	4.7	4:52	0.0	4:45	0.5	5:46	7:57	
9	Sat	11:44	3.8	11:47	4.4	5:34	0.2	5:25	0.7	5:45	7:58	
10	Sun			12:37	3.7	6:17	0.5	6:07	1.0	5:44	7:59	
11	Mon	12:37	4.1	1:29	3.6	7:05	0.7	6:57	1.2	5:43	8:00	
12	Tue	1:29	4.0	2:19	3.6	7:59	0.9	7:59	1.4	5:42	8:01	
13	Wed	2:18	3.8	3:08	3.7	8:56	0.9	9:07	1.4	5:41	8:02	
14	Thu	3:07	3.8	3:57	3.8	9:49	0.9	10:09	1.2	5:40	8:03	
15	Fri	3:58	3.7	4:47	4.0	10:37	0.8	11:04	1.0	5:39	8:04	
16	Sat	4:53	3.7	5:37	4.2	11:21	0.7	11:54	0.8	5:38	8:05	
17	Sun	5:48	3.8	6:22	4.5			12:03	0.5	5:37	8:06	
18	Mon	6:38	3.9	7:03	4.8	12:41	0.5	12:44	0.4	5:36	8:07	
19	Tue	7:23	4.0	7:43	5.1	1:27	0.3	1:25	0.4	5:36	8:08	
20	Wed	8:06	4.1	8:22	5.2	2:14	0.1	2:09	0.3	5:35	8:09	
21	Thu	8:50	4.1	9:04	5.3	3:02	-0.1	2:56	0.3	5:34	8:10	
22	Fri	9:36	4.1	9:50	5.3	3:50	-0.2	3:43	0.2	5:33	8:11	
23	Sat	10:26	4.1	10:42	5.2	4:36	-0.2	4:31	0.3	5:32	8:12	
24	Sun	11:23	4.1	11:39	5.1	5:24	-0.1	5:20	0.3	5:32	8:13	
25	Mon			12:24	4.1	6:13	0.0	6:15	0.5	5:31	8:13	
26	Tue	12:40	4.9	1:25	4.2	7:08	0.1	7:20	0.6	5:30	8:14	
27	Wed	1:40	4.8	2:23	4.4	8:08	0.1	8:33	0.7	5:30	8:15	
28	Thu	2:38	4.6	3:19	4.5	9:08	0.1	9:43	0.6	5:29	8:16	
29	Fri	3:35	4.4	4:16	4.7	10:06	0.1	10:47	0.5	5:29	8:17	
30	Sat	4:35	4.3	5:14	4.9	10:59	0.0	11:45	0.3	5:28	8:17	
31	Sun	5:36	4.2	6:09	5.1	11:49	0.0			5:28	8:18	