

Highlands, NJ - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:18	4.1	8:28	4.8	2:20	0.4	2:11	0.6	5:53	8:11	
2	Sun	8:59	4.2	9:06	4.8	3:01	0.3	2:55	0.6	5:54	8:10	
3	Mon	9:39	4.2	9:42	4.7	3:39	0.3	3:37	0.6	5:54	8:09	
4	Tue	10:17	4.2	10:16	4.5	4:14	0.3	4:16	0.7	5:55	8:07	
5	Wed	10:55	4.2	10:50	4.4	4:46	0.3	4:53	0.7	5:56	8:06	
6	Thu	11:32	4.2	11:24	4.2	5:16	0.4	5:28	0.8	5:57	8:05	
7	Fri			12:10	4.2	5:45	0.5	6:06	1.0	5:58	8:04	
8	Sat	12:03	4.0	12:49	4.3	6:13	0.7	6:49	1.1	5:59	8:03	
9	Sun	12:48	3.8	1:32	4.3	6:47	0.8	7:46	1.2	6:00	8:02	
10	Mon	1:39	3.7	2:20	4.4	7:33	0.9	8:59	1.2	6:01	8:00	
11	Tue	2:35	3.6	3:14	4.5	8:41	1.0	10:11	1.0	6:02	7:59	
12	Wed	3:38	3.6	4:18	4.7	9:58	0.9	11:15	0.8	6:03	7:58	
13	Thu	4:51	3.7	5:27	4.9	11:07	0.7			6:04	7:56	
14	Fri	6:02	3.9	6:30	5.2	12:12	0.4	12:09	0.4	6:05	7:55	
15	Sat	7:03	4.3	7:26	5.5	1:06	0.1	1:08	0.1	6:06	7:54	
16	Sun	7:56	4.7	8:18	5.7	1:58	-0.2	2:05	-0.1	6:07	7:52	
17	Mon	8:47	5.0	9:08	5.7	2:48	-0.5	3:01	-0.3	6:08	7:51	
18	Tue	9:38	5.2	9:58	5.6	3:36	-0.7	3:54	-0.3	6:09	7:50	
19	Wed	10:29	5.3	10:49	5.3	4:22	-0.7	4:46	-0.3	6:10	7:48	
20	Thu	11:22	5.3	11:42	5.0	5:07	-0.6	5:36	0.0	6:11	7:47	
21	Fri			12:16	5.2	5:51	-0.3	6:29	0.3	6:12	7:45	
22	Sat	12:38	4.6	1:10	5.0	6:38	0.1	7:28	0.6	6:13	7:44	
23	Sun	1:34	4.3	2:03	4.8	7:31	0.5	8:34	0.8	6:14	7:42	
24	Mon	2:29	4.0	2:57	4.6	8:30	0.8	9:42	0.9	6:15	7:41	
25	Tue	3:26	3.8	3:52	4.5	9:34	1.0	10:44	0.9	6:16	7:39	
26	Wed	4:26	3.7	4:52	4.4	10:35	1.0	11:38	0.9	6:17	7:38	
27	Thu	5:28	3.7	5:51	4.4	11:30	1.0			6:18	7:36	
28	Fri	6:24	3.9	6:42	4.5	12:26	0.7	12:19	0.9	6:19	7:35	
29	Sat	7:12	4.1	7:25	4.7	1:09	0.6	1:04	0.8	6:20	7:33	
30	Sun	7:53	4.3	8:04	4.7	1:49	0.5	1:48	0.7	6:21	7:32	
31	Mon	8:32	4.4	8:39	4.7	2:28	0.4	2:31	0.6	6:22	7:30	