

## Highlands, NJ - Mar 1976

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Mon | 8:10  | 4.4 | 8:30  | 4.3 | 2:06  | -0.3 | 2:25  | -0.4 | 6:28                                                                                | 5:47 |    |
| 2    | Tue | 8:48  | 4.3 | 9:06  | 4.2 | 2:46  | -0.3 | 3:01  | -0.4 | 6:27                                                                                | 5:48 |    |
| 3    | Wed | 9:25  | 4.1 | 9:41  | 4.1 | 3:23  | -0.2 | 3:34  | -0.3 | 6:25                                                                                | 5:49 |    |
| 4    | Thu | 10:03 | 3.9 | 10:16 | 4.0 | 3:59  | -0.1 | 4:05  | -0.1 | 6:24                                                                                | 5:50 |    |
| 5    | Fri | 10:41 | 3.6 | 10:51 | 3.9 | 4:34  | 0.1  | 4:36  | 0.1  | 6:22                                                                                | 5:52 |    |
| 6    | Sat | 11:23 | 3.5 | 11:31 | 3.8 | 5:10  | 0.3  | 5:08  | 0.3  | 6:21                                                                                | 5:53 |    |
| 7    | Sun |       |     | 12:09 | 3.3 | 5:51  | 0.5  | 5:46  | 0.5  | 6:19                                                                                | 5:54 |    |
| 8    | Mon | 12:16 | 3.7 | 12:59 | 3.2 | 6:48  | 0.7  | 6:40  | 0.6  | 6:18                                                                                | 5:55 |    |
| 9    | Tue | 1:07  | 3.7 | 1:53  | 3.2 | 8:00  | 0.7  | 7:54  | 0.7  | 6:16                                                                                | 5:56 |    |
| 10   | Wed | 2:04  | 3.8 | 2:53  | 3.3 | 9:09  | 0.6  | 9:08  | 0.5  | 6:14                                                                                | 5:57 |    |
| 11   | Thu | 3:08  | 3.9 | 3:58  | 3.5 | 10:08 | 0.3  | 10:12 | 0.2  | 6:13                                                                                | 5:58 |    |
| 12   | Fri | 4:17  | 4.1 | 5:00  | 3.9 | 11:01 | 0.0  | 11:10 | -0.1 | 6:11                                                                                | 5:59 |   |
| 13   | Sat | 5:19  | 4.4 | 5:54  | 4.3 | 11:51 | -0.4 |       |      | 6:09                                                                                | 6:00 |  |
| 14   | Sun | 6:13  | 4.8 | 6:44  | 4.8 | 12:04 | -0.5 | 12:40 | -0.7 | 6:08                                                                                | 6:01 |  |
| 15   | Mon | 7:03  | 5.0 | 7:32  | 5.1 | 12:58 | -0.8 | 1:28  | -0.9 | 6:06                                                                                | 6:02 |  |
| 16   | Tue | 7:52  | 5.1 | 8:20  | 5.3 | 1:51  | -1.0 | 2:16  | -1.1 | 6:05                                                                                | 6:03 |  |
| 17   | Wed | 8:41  | 5.0 | 9:10  | 5.3 | 2:43  | -1.1 | 3:04  | -1.1 | 6:03                                                                                | 6:04 |  |
| 18   | Thu | 9:33  | 4.8 | 10:02 | 5.2 | 3:33  | -1.1 | 3:50  | -0.9 | 6:01                                                                                | 6:05 |  |
| 19   | Fri | 10:27 | 4.6 | 10:57 | 5.0 | 4:23  | -0.9 | 4:38  | -0.7 | 6:00                                                                                | 6:07 |  |
| 20   | Sat | 11:25 | 4.3 | 11:55 | 4.8 | 5:15  | -0.6 | 5:29  | -0.3 | 5:58                                                                                | 6:08 |  |
| 21   | Sun |       |     | 12:25 | 4.0 | 6:13  | -0.2 | 6:28  | 0.1  | 5:56                                                                                | 6:09 |  |
| 22   | Mon | 12:53 | 4.5 | 1:24  | 3.9 | 7:17  | 0.1  | 7:36  | 0.3  | 5:55                                                                                | 6:10 |  |
| 23   | Tue | 1:51  | 4.3 | 2:23  | 3.7 | 8:25  | 0.2  | 8:45  | 0.5  | 5:53                                                                                | 6:11 |  |
| 24   | Wed | 2:50  | 4.1 | 3:24  | 3.7 | 9:27  | 0.2  | 9:48  | 0.4  | 5:51                                                                                | 6:12 |  |
| 25   | Thu | 3:51  | 4.0 | 4:25  | 3.8 | 10:22 | 0.2  | 10:43 | 0.3  | 5:50                                                                                | 6:13 |  |
| 26   | Fri | 4:50  | 4.1 | 5:20  | 4.0 | 11:10 | 0.1  | 11:31 | 0.2  | 5:48                                                                                | 6:14 |  |
| 27   | Sat | 5:41  | 4.1 | 6:06  | 4.2 | 11:53 | 0.0  |       |      | 5:47                                                                                | 6:15 |  |
| 28   | Sun | 6:25  | 4.2 | 6:47  | 4.4 | 12:16 | 0.1  | 12:34 | -0.1 | 5:45                                                                                | 6:16 |  |
| 29   | Mon | 7:06  | 4.3 | 7:24  | 4.5 | 12:59 | 0.0  | 1:13  | -0.1 | 5:43                                                                                | 6:17 |  |
| 30   | Tue | 7:44  | 4.3 | 7:59  | 4.6 | 1:41  | -0.1 | 1:51  | -0.1 | 5:42                                                                                | 6:18 |  |
| 31   | Wed | 8:21  | 4.2 | 8:33  | 4.5 | 2:21  | -0.1 | 2:27  | -0.1 | 5:40                                                                                | 6:19 |  |