

Highlands, NJ - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:12	4.0	11:03	4.8	5:11	0.1	5:05	0.5	5:27	8:19	
2	Wed			12:00	4.0	5:50	0.2	5:48	0.6	5:27	8:20	
3	Thu			12:53	4.2	6:33	0.3	6:39	0.7	5:26	8:21	
4	Fri	12:50	4.6	1:46	4.3	7:24	0.3	7:43	0.7	5:26	8:21	
5	Sat	1:49	4.5	2:40	4.5	8:23	0.3	8:56	0.7	5:26	8:22	
6	Sun	2:47	4.4	3:36	4.8	9:25	0.2	10:06	0.5	5:25	8:23	
7	Mon	3:49	4.4	4:36	5.0	10:25	0.1	11:09	0.3	5:25	8:23	
8	Tue	4:55	4.4	5:37	5.3	11:22	-0.1			5:25	8:24	
9	Wed	6:01	4.4	6:36	5.5	12:08	0.0	12:17	-0.2	5:25	8:24	
10	Thu	7:01	4.6	7:30	5.7	1:04	-0.2	1:12	-0.3	5:25	8:25	
11	Fri	7:57	4.7	8:21	5.7	1:59	-0.4	2:06	-0.3	5:25	8:26	
12	Sat	8:50	4.7	9:11	5.7	2:52	-0.5	3:00	-0.2	5:25	8:26	
13	Sun	9:42	4.7	10:01	5.5	3:43	-0.5	3:51	-0.1	5:25	8:26	
14	Mon	10:35	4.6	10:51	5.2	4:31	-0.5	4:40	0.1	5:24	8:27	
15	Tue	11:28	4.5	11:42	4.9	5:16	-0.3	5:27	0.3	5:25	8:27	
16	Wed			12:21	4.4	6:01	-0.1	6:15	0.6	5:25	8:28	
17	Thu	12:33	4.6	1:12	4.3	6:46	0.2	7:06	0.9	5:25	8:28	
18	Fri	1:23	4.4	2:00	4.3	7:33	0.4	8:03	1.1	5:25	8:28	
19	Sat	2:11	4.1	2:46	4.2	8:23	0.6	9:04	1.1	5:25	8:29	
20	Sun	2:58	3.9	3:32	4.3	9:14	0.7	10:02	1.1	5:25	8:29	
21	Mon	3:48	3.8	4:20	4.3	10:04	0.7	10:56	1.0	5:25	8:29	
22	Tue	4:41	3.7	5:11	4.4	10:52	0.7	11:45	0.8	5:26	8:29	
23	Wed	5:37	3.7	6:01	4.5	11:38	0.7			5:26	8:29	
24	Thu	6:30	3.8	6:47	4.7	12:32	0.6	12:23	0.6	5:26	8:30	
25	Fri	7:17	3.9	7:29	4.9	1:18	0.5	1:08	0.5	5:27	8:30	
26	Sat	8:01	4.0	8:07	5.0	2:03	0.3	1:53	0.5	5:27	8:30	
27	Sun	8:42	4.1	8:45	5.1	2:48	0.2	2:39	0.4	5:27	8:30	
28	Mon	9:23	4.2	9:24	5.1	3:31	0.0	3:24	0.3	5:28	8:30	
29	Tue	10:06	4.3	10:05	5.1	4:12	-0.1	4:08	0.3	5:28	8:30	
30	Wed	10:51	4.3	10:50	5.0	4:51	-0.1	4:52	0.3	5:29	8:30	