

Highlands, NJ - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:22	4.7	1:06	5.0	6:39	-0.1	7:16	0.4	5:53	8:10	
2	Mon	1:20	4.5	2:03	5.0	7:35	0.1	8:23	0.5	5:54	8:09	
3	Tue	2:19	4.3	2:59	5.0	8:38	0.3	9:33	0.6	5:55	8:08	
4	Wed	3:19	4.2	3:59	5.0	9:45	0.3	10:39	0.5	5:56	8:07	
5	Thu	4:24	4.1	5:02	5.0	10:48	0.3	11:38	0.3	5:57	8:06	
6	Fri	5:31	4.2	6:03	5.1	11:47	0.3			5:58	8:05	
7	Sat	6:33	4.3	6:59	5.2	12:32	0.1	12:41	0.2	5:59	8:03	
8	Sun	7:26	4.5	7:48	5.3	1:23	0.0	1:33	0.2	6:00	8:02	
9	Mon	8:15	4.6	8:33	5.3	2:11	-0.1	2:23	0.1	6:01	8:01	
10	Tue	8:59	4.7	9:16	5.2	2:57	-0.1	3:10	0.2	6:02	8:00	
11	Wed	9:42	4.7	9:58	5.0	3:39	-0.1	3:54	0.2	6:03	7:58	
12	Thu	10:25	4.7	10:40	4.7	4:18	0.0	4:35	0.4	6:04	7:57	
13	Fri	11:07	4.6	11:22	4.5	4:54	0.1	5:15	0.5	6:05	7:56	
14	Sat	11:50	4.4			5:29	0.3	5:55	0.8	6:06	7:54	
15	Sun	12:07	4.2	12:34	4.3	6:03	0.5	6:37	1.0	6:07	7:53	
16	Mon	12:53	4.0	1:18	4.3	6:40	0.7	7:27	1.2	6:08	7:52	
17	Tue	1:40	3.8	2:03	4.2	7:24	0.9	8:28	1.3	6:09	7:50	
18	Wed	2:29	3.7	2:48	4.2	8:20	1.1	9:33	1.3	6:10	7:49	
19	Thu	3:19	3.6	3:37	4.2	9:23	1.1	10:32	1.1	6:10	7:47	
20	Fri	4:15	3.6	4:33	4.4	10:24	1.0	11:26	0.9	6:11	7:46	
21	Sat	5:16	3.8	5:32	4.6	11:20	0.8			6:12	7:44	
22	Sun	6:12	4.0	6:26	4.8	12:14	0.6	12:11	0.6	6:13	7:43	
23	Mon	7:02	4.3	7:14	5.1	1:01	0.3	1:02	0.3	6:14	7:41	
24	Tue	7:47	4.7	7:59	5.3	1:46	0.1	1:52	0.1	6:15	7:40	
25	Wed	8:31	5.0	8:43	5.4	2:32	-0.2	2:42	-0.1	6:16	7:38	
26	Thu	9:16	5.2	9:29	5.4	3:17	-0.4	3:33	-0.2	6:17	7:37	
27	Fri	10:03	5.3	10:18	5.2	4:01	-0.4	4:22	-0.3	6:18	7:35	
28	Sat	10:53	5.4	11:10	5.0	4:45	-0.4	5:11	-0.2	6:19	7:34	
29	Sun	11:48	5.3			5:30	-0.3	6:03	0.0	6:20	7:32	
30	Mon	12:08	4.8	12:46	5.2	6:19	-0.1	7:01	0.3	6:21	7:31	
31	Tue	1:08	4.5	1:45	5.1	7:15	0.2	8:07	0.5	6:22	7:29	