

Highlands, NJ - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:09	4.3	2:43	5.0	8:21	0.5	9:17	0.6	6:23	7:27	
2	Thu	3:09	4.2	3:43	4.9	9:31	0.6	10:23	0.5	6:24	7:26	
3	Fri	4:12	4.2	4:45	4.9	10:36	0.6	11:21	0.4	6:25	7:24	
4	Sat	5:17	4.2	5:46	4.9	11:34	0.5			6:26	7:23	
5	Sun	6:17	4.4	6:40	5.0	12:13	0.3	12:27	0.4	6:27	7:21	
6	Mon	7:08	4.6	7:28	5.0	1:00	0.2	1:16	0.3	6:28	7:19	
7	Tue	7:53	4.8	8:10	5.0	1:44	0.1	2:02	0.3	6:29	7:18	
8	Wed	8:33	4.9	8:50	5.0	2:26	0.1	2:47	0.3	6:30	7:16	
9	Thu	9:12	4.9	9:29	4.8	3:06	0.1	3:29	0.3	6:31	7:14	
10	Fri	9:50	4.8	10:08	4.6	3:44	0.2	4:09	0.4	6:32	7:13	
11	Sat	10:27	4.7	10:48	4.4	4:19	0.3	4:47	0.5	6:33	7:11	
12	Sun	11:05	4.6	11:29	4.2	4:52	0.4	5:24	0.7	6:34	7:09	
13	Mon	11:44	4.5			5:25	0.6	6:02	0.9	6:35	7:08	
14	Tue	12:14	4.0	12:26	4.3	5:59	0.8	6:45	1.1	6:36	7:06	
15	Wed	1:03	3.8	1:12	4.2	6:37	1.0	7:40	1.2	6:36	7:04	
16	Thu	1:53	3.7	2:01	4.2	7:28	1.2	8:47	1.3	6:37	7:03	
17	Fri	2:44	3.7	2:53	4.3	8:37	1.3	9:52	1.2	6:38	7:01	
18	Sat	3:39	3.7	3:50	4.4	9:48	1.2	10:49	0.9	6:39	6:59	
19	Sun	4:38	3.9	4:51	4.5	10:50	0.9	11:39	0.6	6:40	6:58	
20	Mon	5:37	4.2	5:52	4.8	11:46	0.6			6:41	6:56	
21	Tue	6:30	4.6	6:45	5.1	12:27	0.3	12:38	0.2	6:42	6:54	
22	Wed	7:19	5.1	7:34	5.3	1:13	0.0	1:30	-0.1	6:43	6:53	
23	Thu	8:05	5.4	8:22	5.4	2:00	-0.3	2:22	-0.3	6:44	6:51	
24	Fri	8:52	5.7	9:10	5.4	2:47	-0.4	3:14	-0.4	6:45	6:49	
25	Sat	9:40	5.8	10:00	5.2	3:35	-0.5	4:06	-0.5	6:46	6:48	
26	Sun	10:31	5.7	10:55	5.0	4:22	-0.5	4:56	-0.4	6:47	6:46	
27	Mon	11:26	5.6	11:53	4.8	5:10	-0.3	5:48	-0.1	6:48	6:44	
28	Tue			12:25	5.3	6:00	0.0	6:45	0.2	6:49	6:43	
29	Wed	12:55	4.5	1:26	5.1	6:57	0.4	7:49	0.4	6:50	6:41	
30	Thu	1:57	4.4	2:26	4.9	8:04	0.6	8:56	0.6	6:51	6:39	