

Highlands, NJ - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:57	4.3	3:24	4.8	9:15	0.8	10:01	0.6	6:52	6:38	
2	Sat	3:58	4.2	4:23	4.6	10:21	0.8	10:58	0.5	6:53	6:36	
3	Sun	4:58	4.3	5:23	4.6	11:18	0.7	11:48	0.4	6:54	6:34	
4	Mon	5:55	4.5	6:16	4.7			12:09	0.6	6:55	6:33	
5	Tue	6:44	4.7	7:03	4.7	12:32	0.3	12:56	0.4	6:56	6:31	
6	Wed	7:27	4.8	7:45	4.7	1:13	0.2	1:40	0.4	6:57	6:30	
7	Thu	8:06	4.9	8:24	4.7	1:53	0.2	2:22	0.3	6:58	6:28	
8	Fri	8:42	5.0	9:02	4.6	2:31	0.2	3:04	0.3	6:59	6:26	
9	Sat	9:17	5.0	9:40	4.5	3:09	0.3	3:44	0.3	7:00	6:25	
10	Sun	9:51	4.9	10:18	4.3	3:45	0.4	4:22	0.4	7:01	6:23	
11	Mon	10:25	4.7	10:57	4.1	4:20	0.5	4:58	0.6	7:02	6:22	
12	Tue	10:59	4.6	11:40	3.9	4:53	0.7	5:35	0.7	7:03	6:20	
13	Wed	11:37	4.4			5:26	0.9	6:14	0.9	7:05	6:19	
14	Thu	12:28	3.7	12:22	4.3	6:03	1.0	7:01	1.0	7:06	6:17	
15	Fri	1:20	3.7	1:16	4.3	6:49	1.2	8:01	1.1	7:07	6:16	
16	Sat	2:13	3.7	2:13	4.3	7:55	1.2	9:08	1.0	7:08	6:14	
17	Sun	3:06	3.9	3:11	4.4	9:13	1.1	10:09	0.8	7:09	6:13	
18	Mon	4:03	4.1	4:13	4.5	10:21	0.9	11:03	0.5	7:10	6:11	
19	Tue	5:02	4.5	5:17	4.7	11:21	0.5	11:53	0.1	7:11	6:10	
20	Wed	5:59	4.9	6:17	4.9			12:16	0.1	7:12	6:08	
21	Thu	6:52	5.3	7:11	5.1	12:41	-0.2	1:10	-0.2	7:13	6:07	
22	Fri	7:41	5.7	8:01	5.2	1:30	-0.4	2:03	-0.5	7:14	6:05	
23	Sat	8:30	5.9	8:52	5.2	2:20	-0.5	2:57	-0.6	7:15	6:04	
24	Sun	9:19	6.0	9:44	5.1	3:10	-0.6	3:50	-0.6	7:17	6:03	
25	Mon	10:11	5.8	10:39	4.9	4:01	-0.5	4:41	-0.5	7:18	6:01	
26	Tue	11:06	5.6	11:38	4.7	4:51	-0.3	5:32	-0.3	7:19	6:00	
27	Wed			12:05	5.3	5:43	0.0	6:26	-0.1	7:20	5:59	
28	Thu	12:40	4.5	1:05	5.0	6:39	0.4	7:26	0.2	7:21	5:57	
29	Fri	1:41	4.3	2:03	4.7	7:43	0.7	8:29	0.4	7:22	5:56	
30	Sat	2:39	4.2	2:59	4.5	8:52	0.8	9:31	0.5	7:23	5:55	
31	Sun	2:35	4.2	2:55	4.4	8:58	0.9	9:27	0.5	6:24	4:54	