

Highlands, NJ - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:21	4.3	5:55	4.8	11:38	0.1			5:27	8:19	
2	Fri	6:17	4.2	6:44	4.9	12:21	0.3	12:24	0.2	5:27	8:20	
3	Sat	7:07	4.3	7:28	5.0	1:08	0.2	1:08	0.2	5:27	8:20	
4	Sun	7:53	4.3	8:08	5.0	1:54	0.1	1:51	0.3	5:26	8:21	
5	Mon	8:36	4.3	8:47	5.0	2:39	0.1	2:33	0.3	5:26	8:22	
6	Tue	9:18	4.2	9:25	4.9	3:21	0.1	3:15	0.4	5:26	8:22	
7	Wed	10:00	4.1	10:03	4.8	4:02	0.1	3:56	0.5	5:25	8:23	
8	Thu	10:43	4.0	10:40	4.6	4:40	0.2	4:34	0.6	5:25	8:24	
9	Fri	11:28	3.9	11:19	4.4	5:17	0.3	5:11	0.8	5:25	8:24	
10	Sat			12:14	3.9	5:53	0.4	5:49	0.9	5:25	8:25	
11	Sun	12:00	4.3	1:00	3.9	6:31	0.6	6:31	1.1	5:25	8:25	
12	Mon	12:44	4.1	1:44	3.9	7:13	0.7	7:23	1.2	5:25	8:26	
13	Tue	1:31	4.1	2:28	4.0	8:02	0.7	8:27	1.2	5:25	8:26	
14	Wed	2:20	4.0	3:13	4.2	8:57	0.7	9:35	1.0	5:25	8:27	
15	Thu	3:13	4.0	4:04	4.4	9:54	0.6	10:37	0.8	5:25	8:27	
16	Fri	4:13	4.0	5:00	4.7	10:48	0.4	11:34	0.5	5:25	8:27	
17	Sat	5:18	4.1	5:57	5.1	11:41	0.2			5:25	8:28	
18	Sun	6:20	4.3	6:52	5.4	12:29	0.1	12:34	0.0	5:25	8:28	
19	Mon	7:17	4.5	7:44	5.7	1:23	-0.2	1:27	-0.2	5:25	8:28	
20	Tue	8:11	4.7	8:35	5.8	2:17	-0.4	2:23	-0.3	5:25	8:29	
21	Wed	9:05	4.8	9:27	5.9	3:11	-0.6	3:18	-0.4	5:25	8:29	
22	Thu	10:00	4.9	10:21	5.7	4:03	-0.7	4:12	-0.3	5:25	8:29	
23	Fri	10:57	4.9	11:17	5.5	4:53	-0.7	5:05	-0.2	5:26	8:29	
24	Sat	11:56	4.8			5:43	-0.6	5:59	0.0	5:26	8:29	
25	Sun	12:15	5.3	12:55	4.8	6:34	-0.4	6:56	0.3	5:26	8:30	
26	Mon	1:12	5.0	1:51	4.8	7:28	-0.2	8:00	0.5	5:27	8:30	
27	Tue	2:07	4.7	2:45	4.7	8:25	0.0	9:06	0.6	5:27	8:30	
28	Wed	3:01	4.4	3:37	4.7	9:23	0.2	10:08	0.7	5:27	8:30	
29	Thu	3:55	4.2	4:30	4.7	10:17	0.3	11:05	0.6	5:28	8:30	
30	Fri	4:51	4.0	5:24	4.7	11:07	0.4	11:57	0.5	5:28	8:30	