

Highlands, NJ - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:15	5.5	8:43	4.5	2:08	-0.4	2:53	-0.7	6:59	4:30	
2	Sat	9:05	5.4	9:36	4.4	2:58	-0.4	3:41	-0.7	7:00	4:30	
3	Sun	9:59	5.3	10:35	4.4	3:48	-0.4	4:31	-0.6	7:01	4:29	
4	Mon	10:57	5.0	11:36	4.3	4:40	-0.2	5:22	-0.5	7:02	4:29	
5	Tue	11:58	4.8			5:37	0.0	6:20	-0.3	7:03	4:29	
6	Wed	12:38	4.3	12:57	4.6	6:43	0.2	7:21	-0.2	7:04	4:29	
7	Thu	1:36	4.4	1:55	4.4	7:54	0.3	8:23	-0.1	7:05	4:29	
8	Fri	2:33	4.4	2:53	4.2	9:02	0.3	9:22	-0.1	7:06	4:29	
9	Sat	3:31	4.5	3:53	4.1	10:03	0.2	10:15	-0.2	7:07	4:29	
10	Sun	4:29	4.6	4:52	4.1	10:57	0.0	11:04	-0.2	7:07	4:29	
11	Mon	5:23	4.7	5:45	4.1	11:48	-0.1	11:50	-0.2	7:08	4:29	
12	Tue	6:10	4.8	6:33	4.1			12:35	-0.2	7:09	4:29	
13	Wed	6:53	4.8	7:17	4.1	12:34	-0.2	1:21	-0.2	7:10	4:29	
14	Thu	7:33	4.8	8:00	4.1	1:18	-0.1	2:04	-0.3	7:11	4:30	
15	Fri	8:12	4.7	8:42	4.0	2:00	-0.1	2:46	-0.2	7:11	4:30	
16	Sat	8:50	4.6	9:24	3.9	2:41	0.0	3:25	-0.2	7:12	4:30	
17	Sun	9:28	4.4	10:08	3.7	3:20	0.1	4:02	-0.1	7:13	4:31	
18	Mon	10:07	4.2	10:53	3.6	3:58	0.3	4:38	0.1	7:13	4:31	
19	Tue	10:48	4.0	11:40	3.5	4:35	0.5	5:15	0.2	7:14	4:31	
20	Wed	11:31	3.8			5:15	0.6	5:55	0.4	7:14	4:32	
21	Thu	12:26	3.5	12:17	3.7	6:02	0.8	6:41	0.5	7:15	4:32	
22	Fri	1:11	3.6	1:05	3.6	7:02	0.9	7:36	0.5	7:15	4:33	
23	Sat	1:56	3.7	1:55	3.5	8:10	0.8	8:34	0.4	7:16	4:33	
24	Sun	2:44	3.8	2:51	3.5	9:15	0.6	9:29	0.3	7:16	4:34	
25	Mon	3:39	4.1	3:54	3.6	10:13	0.3	10:22	0.0	7:17	4:34	
26	Tue	4:36	4.4	4:57	3.7	11:08	0.0	11:13	-0.2	7:17	4:35	
27	Wed	5:30	4.7	5:54	4.0			12:00	-0.3	7:17	4:36	
28	Thu	6:21	5.1	6:46	4.2	12:05	-0.4	12:52	-0.6	7:18	4:36	
29	Fri	7:11	5.3	7:37	4.4	12:57	-0.6	1:45	-0.9	7:18	4:37	
30	Sat	8:01	5.4	8:29	4.5	1:51	-0.8	2:36	-1.1	7:18	4:38	
31	Sun	8:52	5.4	9:24	4.5	2:44	-0.8	3:25	-1.1	7:18	4:39	