

Highlands, NJ - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:11	4.0	2:02	4.0	7:28	0.7	7:50	1.2	5:29	8:30	
2	Mon	1:55	3.9	2:45	4.1	8:18	0.8	8:53	1.2	5:29	8:29	
3	Tue	2:41	3.8	3:29	4.2	9:11	0.8	9:55	1.1	5:30	8:29	
4	Wed	3:31	3.8	4:18	4.4	10:05	0.7	10:53	0.9	5:30	8:29	
5	Thu	4:29	3.8	5:12	4.6	10:58	0.6	11:47	0.6	5:31	8:29	
6	Fri	5:32	3.9	6:06	4.9	11:48	0.4			5:31	8:29	
7	Sat	6:31	4.1	6:58	5.2	12:39	0.3	12:39	0.2	5:32	8:28	
8	Sun	7:24	4.3	7:47	5.5	1:30	0.0	1:31	0.1	5:33	8:28	
9	Mon	8:15	4.5	8:36	5.7	2:22	-0.3	2:25	-0.1	5:33	8:28	
10	Tue	9:06	4.7	9:26	5.7	3:13	-0.5	3:19	-0.2	5:34	8:27	
11	Wed	9:58	4.8	10:18	5.6	4:03	-0.6	4:11	-0.2	5:35	8:27	
12	Thu	10:54	4.9	11:13	5.5	4:51	-0.7	5:03	-0.2	5:35	8:26	
13	Fri	11:51	4.9			5:39	-0.6	5:56	0.0	5:36	8:26	
14	Sat	12:10	5.2	12:50	4.9	6:29	-0.4	6:54	0.2	5:37	8:25	
15	Sun	1:08	5.0	1:46	4.9	7:22	-0.2	7:59	0.4	5:38	8:25	
16	Mon	2:04	4.7	2:41	4.9	8:20	0.0	9:06	0.5	5:38	8:24	
17	Tue	2:59	4.5	3:35	4.9	9:20	0.1	10:11	0.6	5:39	8:24	
18	Wed	3:56	4.3	4:31	4.8	10:17	0.3	11:10	0.5	5:40	8:23	
19	Thu	4:56	4.1	5:29	4.8	11:11	0.3			5:41	8:22	
20	Fri	5:56	4.1	6:23	4.9	12:03	0.4	12:01	0.4	5:42	8:22	
21	Sat	6:50	4.1	7:11	4.9	12:53	0.3	12:49	0.4	5:43	8:21	
22	Sun	7:38	4.2	7:54	5.0	1:40	0.2	1:35	0.4	5:43	8:20	
23	Mon	8:23	4.3	8:35	5.0	2:24	0.2	2:20	0.4	5:44	8:19	
24	Tue	9:05	4.3	9:14	4.9	3:07	0.1	3:04	0.4	5:45	8:19	
25	Wed	9:47	4.3	9:52	4.8	3:47	0.1	3:46	0.5	5:46	8:18	
26	Thu	10:28	4.3	10:29	4.6	4:24	0.2	4:25	0.6	5:47	8:17	
27	Fri	11:10	4.2	11:07	4.4	4:59	0.3	5:03	0.7	5:48	8:16	
28	Sat	11:52	4.2	11:45	4.2	5:33	0.4	5:40	0.8	5:49	8:15	
29	Sun			12:34	4.1	6:06	0.5	6:20	1.0	5:50	8:14	
30	Mon	12:26	4.1	1:16	4.1	6:40	0.7	7:06	1.1	5:51	8:13	
31	Tue	1:11	4.0	1:58	4.2	7:21	0.8	8:05	1.2	5:52	8:12	