

Highlands, NJ - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:59	3.9	2:43	4.3	8:13	0.8	9:12	1.1	5:52	8:11	
2	Thu	2:51	3.8	3:33	4.5	9:16	0.8	10:18	0.9	5:53	8:10	
3	Fri	3:50	3.8	4:31	4.7	10:19	0.7	11:17	0.6	5:54	8:09	
4	Sat	4:57	3.9	5:34	5.0	11:19	0.5			5:55	8:08	
5	Sun	6:03	4.2	6:33	5.3	12:12	0.3	12:15	0.2	5:56	8:07	
6	Mon	7:02	4.5	7:27	5.6	1:06	0.0	1:11	0.0	5:57	8:05	
7	Tue	7:55	4.8	8:18	5.8	1:58	-0.3	2:07	-0.2	5:58	8:04	
8	Wed	8:47	5.0	9:09	5.8	2:50	-0.6	3:03	-0.4	5:59	8:03	
9	Thu	9:40	5.2	10:01	5.7	3:40	-0.7	3:56	-0.4	6:00	8:02	
10	Fri	10:33	5.2	10:55	5.5	4:29	-0.8	4:48	-0.4	6:01	8:01	
11	Sat	11:29	5.2	11:50	5.3	5:16	-0.7	5:40	-0.2	6:02	7:59	
12	Sun			12:25	5.2	6:04	-0.5	6:35	0.1	6:03	7:58	
13	Mon	12:47	4.9	1:22	5.0	6:55	-0.2	7:36	0.4	6:04	7:57	
14	Tue	1:44	4.6	2:16	4.9	7:51	0.2	8:42	0.6	6:05	7:55	
15	Wed	2:39	4.4	3:10	4.8	8:51	0.4	9:47	0.7	6:06	7:54	
16	Thu	3:35	4.2	4:05	4.7	9:51	0.6	10:47	0.7	6:07	7:53	
17	Fri	4:33	4.0	5:02	4.6	10:47	0.7	11:41	0.6	6:08	7:51	
18	Sat	5:33	4.0	5:58	4.6	11:39	0.6			6:09	7:50	
19	Sun	6:28	4.1	6:48	4.7	12:29	0.5	12:27	0.6	6:10	7:48	
20	Mon	7:16	4.2	7:31	4.8	1:14	0.4	1:12	0.5	6:11	7:47	
21	Tue	7:59	4.4	8:11	4.9	1:56	0.3	1:56	0.5	6:12	7:45	
22	Wed	8:39	4.5	8:49	4.9	2:37	0.3	2:39	0.4	6:13	7:44	
23	Thu	9:18	4.5	9:25	4.8	3:16	0.2	3:21	0.4	6:14	7:43	
24	Fri	9:55	4.5	9:59	4.6	3:53	0.2	4:01	0.5	6:15	7:41	
25	Sat	10:32	4.5	10:33	4.5	4:27	0.3	4:38	0.6	6:16	7:40	
26	Sun	11:09	4.4	11:08	4.3	4:59	0.4	5:14	0.7	6:17	7:38	
27	Mon	11:46	4.4	11:47	4.1	5:29	0.5	5:51	0.8	6:18	7:36	
28	Tue			12:27	4.4	6:00	0.7	6:32	0.9	6:19	7:35	
29	Wed	12:33	4.0	1:13	4.4	6:36	0.8	7:26	1.0	6:19	7:33	
30	Thu	1:26	3.9	2:03	4.5	7:25	0.9	8:35	1.1	6:20	7:32	
31	Fri	2:23	3.9	2:59	4.6	8:35	0.9	9:47	0.9	6:21	7:30	