

Highlands, NJ - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:04	5.1	5:29	5.0	11:26	-0.1	11:45	-0.4	6:25	4:53	
2	Fri	5:59	5.4	6:22	5.1			12:20	-0.3	6:26	4:52	
3	Sat	6:48	5.6	7:12	5.2	12:35	-0.6	1:13	-0.5	6:27	4:51	
4	Sun	7:36	5.7	8:01	5.1	1:24	-0.6	2:04	-0.5	6:28	4:50	
5	Mon	8:22	5.6	8:50	4.9	2:12	-0.5	2:54	-0.5	6:29	4:49	
6	Tue	9:09	5.4	9:41	4.6	2:59	-0.3	3:41	-0.3	6:31	4:48	
7	Wed	9:57	5.1	10:33	4.3	3:43	0.0	4:27	-0.1	6:32	4:46	
8	Thu	10:48	4.8	11:28	4.1	4:27	0.3	5:13	0.2	6:33	4:45	
9	Fri	11:40	4.5			5:12	0.6	6:04	0.5	6:34	4:44	
10	Sat	12:22	3.9	12:33	4.2	6:03	0.9	7:00	0.7	6:35	4:43	
11	Sun	1:15	3.9	1:24	4.1	7:04	1.1	7:58	0.8	6:36	4:42	
12	Mon	2:05	3.8	2:14	3.9	8:08	1.2	8:53	0.8	6:38	4:42	
13	Tue	2:57	3.9	3:06	3.9	9:09	1.1	9:43	0.7	6:39	4:41	
14	Wed	3:49	4.0	4:00	3.9	10:02	0.9	10:27	0.5	6:40	4:40	
15	Thu	4:40	4.2	4:52	4.0	10:50	0.7	11:09	0.4	6:41	4:39	
16	Fri	5:26	4.4	5:39	4.1	11:36	0.5	11:49	0.3	6:42	4:38	
17	Sat	6:07	4.7	6:22	4.2			12:20	0.3	6:43	4:37	
18	Sun	6:45	4.8	7:01	4.2	12:30	0.2	1:04	0.1	6:45	4:37	
19	Mon	7:21	5.0	7:39	4.3	1:10	0.1	1:48	0.0	6:46	4:36	
20	Tue	7:57	5.1	8:18	4.2	1:51	0.1	2:32	-0.1	6:47	4:35	
21	Wed	8:35	5.1	9:00	4.2	2:32	0.1	3:15	-0.2	6:48	4:35	
22	Thu	9:17	5.0	9:47	4.1	3:14	0.1	3:58	-0.1	6:49	4:34	
23	Fri	10:05	4.9	10:42	4.0	3:56	0.2	4:43	-0.1	6:50	4:33	
24	Sat	11:01	4.8	11:43	4.0	4:43	0.3	5:33	0.0	6:51	4:33	
25	Sun			12:03	4.7	5:38	0.4	6:31	0.1	6:52	4:32	
26	Mon	12:44	4.1	1:04	4.6	6:48	0.5	7:35	0.1	6:54	4:32	
27	Tue	1:44	4.2	2:04	4.5	8:03	0.5	8:38	0.0	6:55	4:31	
28	Wed	2:43	4.4	3:05	4.4	9:13	0.3	9:37	-0.2	6:56	4:31	
29	Thu	3:44	4.6	4:08	4.4	10:16	0.1	10:32	-0.3	6:57	4:31	
30	Fri	4:45	4.9	5:09	4.5	11:12	-0.2	11:23	-0.5	6:58	4:30	