

Highlands, NJ - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:59	4.8	7:26	4.1	12:40	-0.4	1:30	-0.5	7:18	4:39	
2	Wed	7:43	4.8	8:11	4.0	1:28	-0.4	2:16	-0.5	7:19	4:40	
3	Thu	8:24	4.7	8:55	4.0	2:13	-0.3	2:58	-0.5	7:19	4:41	
4	Fri	9:06	4.5	9:40	3.8	2:56	-0.2	3:38	-0.4	7:19	4:42	
5	Sat	9:47	4.3	10:26	3.7	3:36	0.0	4:16	-0.2	7:19	4:43	
6	Sun	10:30	4.1	11:13	3.6	4:15	0.1	4:53	-0.1	7:19	4:44	
7	Mon	11:14	3.8			4:55	0.3	5:31	0.1	7:19	4:45	
8	Tue	12:00	3.5	11:59 AM	3.6	5:38	0.5	6:13	0.3	7:18	4:45	
9	Wed	12:45	3.5	12:44	3.5	6:29	0.7	7:01	0.4	7:18	4:46	
10	Thu	1:30	3.5	1:30	3.3	7:32	0.8	7:56	0.4	7:18	4:47	
11	Fri	2:15	3.6	2:20	3.2	8:37	0.7	8:52	0.4	7:18	4:48	
12	Sat	3:04	3.7	3:16	3.2	9:37	0.6	9:45	0.3	7:18	4:50	
13	Sun	3:58	3.9	4:17	3.3	10:32	0.3	10:36	0.1	7:17	4:51	
14	Mon	4:53	4.1	5:16	3.4	11:23	0.0	11:25	-0.1	7:17	4:52	
15	Tue	5:44	4.5	6:08	3.7			12:13	-0.3	7:17	4:53	
16	Wed	6:31	4.8	6:56	3.9	12:14	-0.3	1:02	-0.6	7:16	4:54	
17	Thu	7:17	5.0	7:43	4.1	1:04	-0.5	1:51	-0.8	7:16	4:55	
18	Fri	8:03	5.1	8:31	4.2	1:55	-0.7	2:39	-1.0	7:15	4:56	
19	Sat	8:52	5.1	9:21	4.3	2:46	-0.8	3:25	-1.1	7:15	4:57	
20	Sun	9:43	5.0	10:15	4.4	3:35	-0.8	4:11	-1.1	7:14	4:58	
21	Mon	10:37	4.8	11:12	4.3	4:25	-0.7	4:58	-1.0	7:14	5:00	
22	Tue	11:34	4.6			5:19	-0.5	5:49	-0.8	7:13	5:01	
23	Wed	12:10	4.3	12:31	4.3	6:19	-0.2	6:45	-0.5	7:12	5:02	
24	Thu	1:06	4.3	1:28	4.0	7:27	0.0	7:46	-0.4	7:12	5:03	
25	Fri	2:03	4.2	2:26	3.8	8:36	0.1	8:49	-0.2	7:11	5:04	
26	Sat	3:01	4.2	3:27	3.6	9:42	0.0	9:48	-0.2	7:10	5:06	
27	Sun	4:02	4.2	4:31	3.6	10:40	-0.1	10:43	-0.2	7:10	5:07	
28	Mon	5:02	4.3	5:30	3.6	11:33	-0.2	11:33	-0.2	7:09	5:08	
29	Tue	5:55	4.3	6:22	3.8			12:22	-0.3	7:08	5:09	
30	Wed	6:42	4.4	7:08	3.9	12:21	-0.3	1:09	-0.4	7:07	5:10	
31	Thu	7:24	4.5	7:51	3.9	1:08	-0.3	1:53	-0.5	7:06	5:12	