
































## Highlands, NJ - Jul 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:00	4.4	10:16	5.5	4:07	-0.3	4:07	0.1	5:29	8:29	
2	Sat	10:54	4.5	11:10	5.3	4:54	-0.4	4:58	0.1	5:30	8:29	
3	Sun	11:51	4.6			5:40	-0.4	5:51	0.2	5:30	8:29	
4	Mon	12:06	5.1	12:48	4.7	6:28	-0.3	6:49	0.4	5:31	8:29	
5	Tue	1:03	4.9	1:44	4.8	7:19	-0.1	7:53	0.6	5:31	8:29	
6	Wed	1:58	4.6	2:37	4.9	8:14	0.0	9:02	0.6	5:32	8:28	
7	Thu	2:53	4.3	3:30	4.9	9:12	0.2	10:08	0.6	5:33	8:28	
8	Fri	3:50	4.1	4:26	4.9	10:09	0.3	11:09	0.6	5:33	8:28	
9	Sat	4:51	3.9	5:24	4.9	11:04	0.4			5:34	8:27	
10	Sun	5:53	3.9	6:21	4.9	12:05	0.5	11:56 AM	0.5	5:35	8:27	
11	Mon	6:51	3.9	7:11	4.9	12:56	0.4	12:45	0.5	5:35	8:27	
12	Tue	7:41	4.0	7:57	4.9	1:45	0.3	1:34	0.5	5:36	8:26	
13	Wed	8:28	4.0	8:39	4.9	2:33	0.3	2:21	0.6	5:37	8:26	
14	Thu	9:12	4.1	9:19	4.8	3:17	0.2	3:07	0.6	5:38	8:25	
15	Fri	9:55	4.1	9:59	4.7	3:57	0.2	3:50	0.6	5:38	8:24	
16	Sat	10:38	4.1	10:37	4.5	4:34	0.3	4:30	0.7	5:39	8:24	
17	Sun	11:21	4.1	11:16	4.4	5:09	0.3	5:09	0.8	5:40	8:23	
18	Mon			12:04	4.1	5:41	0.4	5:47	0.9	5:41	8:23	
19	Tue			12:46	4.1	6:13	0.6	6:27	1.1	5:42	8:22	
20	Wed	12:36	4.0	1:27	4.1	6:46	0.7	7:15	1.2	5:42	8:21	
21	Thu	1:19	3.8	2:07	4.2	7:24	0.8	8:14	1.3	5:43	8:20	
22	Fri	2:04	3.7	2:48	4.3	8:11	0.9	9:21	1.2	5:44	8:20	
23	Sat	2:54	3.5	3:36	4.4	9:10	1.0	10:26	1.1	5:45	8:19	
24	Sun	3:52	3.5	4:33	4.6	10:13	0.9	11:25	0.8	5:46	8:18	
25	Mon	5:01	3.5	5:35	4.8	11:14	0.8			5:47	8:17	
26	Tue	6:08	3.7	6:35	5.1	12:20	0.5	12:11	0.6	5:48	8:16	
27	Wed	7:07	4.0	7:29	5.4	1:13	0.2	1:08	0.3	5:49	8:15	
28	Thu	8:00	4.3	8:19	5.6	2:05	-0.1	2:04	0.1	5:50	8:14	
29	Fri	8:50	4.6	9:10	5.7	2:56	-0.3	3:00	-0.1	5:50	8:13	
30	Sat	9:42	4.8	10:00	5.6	3:45	-0.5	3:54	-0.2	5:51	8:12	
31	Sun	10:34	5.0	10:52	5.4	4:31	-0.6	4:46	-0.2	5:52	8:11	