US HARBORS www.USHarbors.com

Highlands, NJ - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:23	3.7	2:29	3.1	8:50	0.8	8:50	0.5	7:19	4:40	
2	Mon	3:11	3.8	3:23	3.0	9:44	0.7	9:44	0.5	7:19	4:41	
3	Tue	4:05	3.9	4:23	3.1	10:38	0.4	10:32	0.4	7:19	4:42	
4	Wed	4:59	4.1	5:23	3.2	11:32	0.2	11:26	0.2	7:19	4:42	
5	Thu	5:47	4.4	6:11	3.4			12:20	-0.1	7:19	4:43	
6	Fri	6:35	4.6	6:59	3.6	12:14	0.0	1:08	-0.3	7:19	4:44	
7	Sat	7:17	4.9	7:47	3.8	1:02	-0.2	1:56	-0.5	7:18	4:45	
8	Sun	7:59	5.0	8:29	3.9	1:50	-0.3	2:38	-0.7	7:18	4:46	
9	Mon	8:47	5.0	9:17	4.0	2:38	-0.5	3:26	-0.8	7:18	4:47	
10	Tue	9:35	4.9	10:11	4.1	3:32	-0.5	4:08	-0.9	7:18	4:48	
11	Wed	10:29	4.7	11:05	4.2	4:20	-0.4	4:50	-0.8	7:18	4:49	
12	Thu	11:23	4.4	11:59	4.3	5:08	-0.3	5:38	-0.6	7:17	4:50	
13	Fri			12:17	4.1	6:08	-0.1	6:32	-0.4	7:17	4:51	
14	Sat	12:59	4.3	1:17	3.9	7:14	0.1	7:32	-0.3	7:17	4:53	
15	Sun	1:53	4.3	2:17	3.6	8:26	0.2	8:32	-0.1	7:16	4:54	
16	Mon	2:53	4.2	3:17	3.4	9:38	0.2	9:38	-0.1	7:16	4:55	
17	Tue	3:53	4.2	4:23	3.4	10:38	0.0	10:32	0.0	7:15	4:56	
18	Wed	4:59	4.3	5:29	3.4	11:32	-0.1	11:26	-0.1	7:15	4:57	
19	Thu	5:53	4.4	6:23	3.6			12:26	-0.2	7:14	4:58	
20	Fri	6:41	4.4	7:11	3.7	12:20	-0.1	1:14	-0.3	7:14	4:59	
21	Sat	7:29	4.5	7:53	3.8	1:08	-0.2	1:56	-0.4	7:13	5:01	
22	Sun	8:05	4.4	8:35	3.8	1:56	-0.2	2:38	-0.4	7:13	5:02	
23	Mon	8:47	4.3	9:17	3.8	2:38	-0.2	3:20	-0.4	7:12	5:03	
24	Tue	9:23	4.2	9:59	3.8	3:20	-0.1	3:50	-0.3	7:11	5:04	
25	Wed	10:05	3.9	10:41	3.7	3:56	0.0	4:26	-0.2	7:10	5:05	
26	Thu	10:41	3.7	11:23	3.7	4:32	0.2	4:56	0.0	7:10	5:06	
27	Fri	11:23	3.5			5:08	0.4	5:26	0.1	7:09	5:08	
28	Sat	12:05	3.6	12:05	3.3	5:56	0.5	6:02	0.3	7:08	5:09	
29	Sun	12:47	3.6	12:47	3.1	6:44	0.7	6:44	0.5	7:07	5:10	
30	Mon	1:29	3.6	1:35	2.9	7:56	0.8	7:44	0.6	7:06	5:11	
31	Tue	2:17	3.6	2:35	2.9	9:02	0.7	8:56	0.6	7:05	5:13	