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# Highlands, NJ - Feb 1989

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | **3:11** | 3.7 | **3:41** | 2.9 | **10:05** | 0.5 | **9:58** | 0.4 | 7:04 | 5:14 | |
| 2 | Thu | **4:16** | 3.9 | **4:50** | 3.0 | **11:01** | 0.2 | **10:56** | 0.2 | 7:03 | 5:15 | |
| 3 | Fri | **5:17** | 4.2 | **5:48** | 3.4 | **11:52** | -0.1 | **11:50** | -0.1 | 7:02 | 5:16 | |
| 4 | Sat | **6:10** | 4.6 | **6:38** | 3.7 | | | **12:42** | -0.4 | 7:01 | 5:17 | |
| 5 | Sun | **6:59** | 4.8 | **7:25** | 4.0 | **12:43** | -0.4 | **1:30** | -0.7 | 7:00 | 5:19 | |
| 6 | Mon | **7:45** | 5.0 | **8:12** | 4.3 | **1:35** | -0.6 | **2:17** | -1.0 | 6:59 | 5:20 | |
| 7 | Tue | **8:32** | 5.0 | **9:00** | 4.5 | **2:27** | -0.8 | **3:01** | -1.1 | 6:58 | 5:21 | |
| 8 | Wed | **9:21** | 4.9 | **9:49** | 4.6 | **3:17** | -0.9 | **3:44** | -1.1 | 6:57 | 5:22 | |
| 9 | Thu | **10:11** | 4.7 | **10:42** | 4.6 | **4:06** | -0.8 | **4:28** | -1.0 | 6:56 | 5:23 | |
| 10 | Fri | **11:05** | 4.3 | **11:37** | 4.5 | **4:56** | -0.6 | **5:13** | -0.8 | 6:55 | 5:25 | |
| 11 | Sat | | | **12:01** | 4.0 | **5:52** | -0.3 | **6:03** | -0.5 | 6:53 | 5:26 | |
| 12 | Sun | **12:33** | 4.4 | **12:59** | 3.7 | **6:57** | 0.0 | **7:02** | -0.1 | 6:52 | 5:27 | |
| 13 | Mon | **1:29** | 4.2 | **1:58** | 3.4 | **8:08** | 0.2 | **8:09** | 0.1 | 6:51 | 5:28 | |
| 14 | Tue | **2:28** | 4.0 | **3:01** | 3.3 | **9:19** | 0.3 | **9:17** | 0.3 | 6:50 | 5:30 | |
| 15 | Wed | **3:32** | 3.9 | **4:09** | 3.2 | **10:22** | 0.2 | **10:19** | 0.2 | 6:48 | 5:31 | |
| 16 | Thu | **4:39** | 3.9 | **5:13** | 3.3 | **11:17** | 0.1 | **11:14** | 0.2 | 6:47 | 5:32 | |
| 17 | Fri | **5:38** | 4.0 | **6:07** | 3.5 | | | **12:06** | -0.1 | 6:46 | 5:33 | |
| 18 | Sat | **6:26** | 4.2 | **6:52** | 3.8 | **12:04** | 0.0 | **12:51** | -0.2 | 6:44 | 5:34 | |
| 19 | Sun | **7:08** | 4.3 | **7:33** | 3.9 | **12:50** | -0.1 | **1:32** | -0.3 | 6:43 | 5:35 | |
| 20 | Mon | **7:46** | 4.3 | **8:11** | 4.0 | **1:34** | -0.1 | **2:10** | -0.3 | 6:42 | 5:37 | |
| 21 | Tue | **8:22** | 4.2 | **8:48** | 4.1 | **2:16** | -0.2 | **2:45** | -0.4 | 6:40 | 5:38 | |
| 22 | Wed | **8:57** | 4.1 | **9:24** | 4.1 | **2:55** | -0.2 | **3:18** | -0.3 | 6:39 | 5:39 | |
| 23 | Thu | **9:31** | 3.9 | **9:58** | 4.0 | **3:31** | -0.1 | **3:48** | -0.2 | 6:37 | 5:40 | |
| 24 | Fri | **10:05** | 3.7 | **10:33** | 3.9 | **4:06** | 0.0 | **4:16** | 0.0 | 6:36 | 5:41 | |
| 25 | Sat | **10:40** | 3.5 | **11:08** | 3.8 | **4:40** | 0.2 | **4:43** | 0.2 | 6:35 | 5:42 | |
| 26 | Sun | **11:19** | 3.3 | **11:48** | 3.7 | **5:17** | 0.4 | **5:11** | 0.4 | 6:33 | 5:44 | |
| 27 | Mon | | | **12:05** | 3.1 | **6:01** | 0.6 | **5:46** | 0.5 | 6:32 | 5:45 | |
| 28 | Tue | **12:34** | 3.7 | **12:58** | 3.0 | **7:02** | 0.7 | **6:41** | 0.7 | 6:30 | 5:46 | |