US HARBORS www.USHarbors.com

Highlands, NJ - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:27	3.7	1:57	2.9	8:20	0.7	8:06	0.7	6:29	5:47	
2	Thu	2:28	3.8	3:05	3.0	9:30	0.6	9:27	0.6	6:27	5:48	
3	Fri	3:38	4.0	4:17	3.2	10:30	0.3	10:32	0.3	6:26	5:49	
4	Sat	4:47	4.2	5:21	3.6	11:23	-0.1	11:30	-0.1	6:24	5:50	
5	Sun	5:46	4.6	6:14	4.1			12:13	-0.5	6:22	5:51	
6	Mon	6:37	4.9	7:03	4.6	12:25	-0.5	1:01	-0.8	6:21	5:52	
7	Tue	7:25	5.0	7:50	4.9	1:19	-0.8	1:48	-1.0	6:19	5:54	
8	Wed	8:13	5.1	8:37	5.1	2:11	-0.9	2:34	-1.1	6:18	5:55	
9	Thu	9:02	4.9	9:26	5.1	3:02	-1.0	3:19	-1.1	6:16	5:56	
10	Fri	9:52	4.7	10:17	5.0	3:51	-0.9	4:03	-0.9	6:15	5:57	
11	Sat	10:46	4.3	11:12	4.8	4:41	-0.6	4:48	-0.6	6:13	5:58	
12	Sun	11:44	4.0			5:35	-0.3	5:38	-0.2	6:11	5:59	
13	Mon	12:09	4.5	12:43	3.7	6:36	0.1	6:37	0.2	6:10	6:00	
14	Tue	1:07	4.2	1:43	3.5	7:46	0.3	7:47	0.5	6:08	6:01	
15	Wed	2:06	4.0	2:44	3.4	8:57	0.4	8:58	0.6	6:06	6:02	
16	Thu	3:09	3.8	3:49	3.4	10:00	0.4	10:02	0.6	6:05	6:03	
17	Fri	4:14	3.8	4:51	3.5	10:52	0.3	10:56	0.5	6:03	6:04	
18	Sat	5:13	3.9	5:44	3.8	11:38	0.2	11:44	0.3	6:02	6:05	
19	Sun	6:01	4.0	6:27	4.0			12:19	0.0	6:00	6:06	
20	Mon	6:42	4.1	7:06	4.2	12:28	0.1	12:57	0.0	5:58	6:07	
21	Tue	7:19	4.2	7:41	4.4	1:10	0.0	1:34	-0.1	5:57	6:08	
22	Wed	7:54	4.2	8:16	4.4	1:51	-0.1	2:09	-0.1	5:55	6:10	
23	Thu	8:28	4.1	8:48	4.4	2:31	-0.1	2:42	0.0	5:53	6:11	
24	Fri	9:02	3.9	9:19	4.4	3:07	-0.1	3:13	0.1	5:52	6:12	
25	Sat	9:35	3.7	9:50	4.3	3:43	0.0	3:42	0.2	5:50	6:13	
26	Sun	10:09	3.5	10:23	4.2	4:17	0.2	4:10	0.4	5:48	6:14	
27	Mon	10:48	3.4	11:03	4.1	4:52	0.3	4:39	0.6	5:47	6:15	
28	Tue	11:37	3.2	11:55	4.0	5:33	0.5	5:15	0.7	5:45	6:16	
29	Wed			12:34	3.2	6:30	0.7	6:08	0.9	5:44	6:17	
30	Thu	12:55	4.0	1:35	3.2	7:44	0.7	7:35	0.9	5:42	6:18	
31	Fri	1:58	4.0	2:40	3.4	8:56	0.6	9:02	0.7	5:40	6:19	