
































## Highlands, NJ - Jun 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:25	4.4	6:53	5.5	12:32	0.0	12:31	-0.2	5:27	8:19	
2	Fri	7:22	4.4	7:45	5.6	1:27	-0.1	1:24	-0.2	5:27	8:20	
3	Sat	8:16	4.5	8:34	5.6	2:21	-0.3	2:17	-0.1	5:26	8:21	
4	Sun	9:08	4.5	9:23	5.4	3:14	-0.3	3:10	0.0	5:26	8:21	
5	Mon	10:00	4.4	10:13	5.2	4:05	-0.3	4:00	0.2	5:26	8:22	
6	Tue	10:54	4.3	11:04	4.9	4:52	-0.2	4:48	0.4	5:26	8:23	
7	Wed	11:49	4.2	11:56	4.6	5:37	0.0	5:35	0.6	5:25	8:23	
8	Thu			12:43	4.1	6:22	0.2	6:23	0.9	5:25	8:24	
9	Fri	12:47	4.4	1:34	4.1	7:09	0.5	7:16	1.1	5:25	8:24	
10	Sat	1:37	4.2	2:21	4.1	7:59	0.6	8:16	1.2	5:25	8:25	
11	Sun	2:24	3.9	3:07	4.1	8:49	0.8	9:18	1.2	5:25	8:25	
12	Mon	3:10	3.8	3:53	4.2	9:38	0.8	10:15	1.2	5:25	8:26	
13	Tue	3:59	3.6	4:41	4.3	10:24	0.8	11:08	1.0	5:25	8:26	
14	Wed	4:53	3.6	5:30	4.4	11:09	0.8	11:57	0.8	5:25	8:27	
15	Thu	5:49	3.6	6:17	4.6	11:53	0.7			5:25	8:27	
16	Fri	6:41	3.6	7:01	4.8	12:43	0.6	12:36	0.7	5:25	8:28	
17	Sat	7:27	3.7	7:42	4.9	1:29	0.5	1:20	0.7	5:25	8:28	
18	Sun	8:10	3.8	8:21	5.0	2:15	0.3	2:05	0.6	5:25	8:28	
19	Mon	8:51	3.9	9:00	5.1	3:01	0.2	2:51	0.6	5:25	8:29	
20	Tue	9:33	3.9	9:42	5.1	3:45	0.1	3:36	0.5	5:25	8:29	
21	Wed	10:18	4.0	10:26	5.1	4:27	0.0	4:21	0.5	5:25	8:29	
22	Thu	11:06	4.1	11:15	5.0	5:08	0.0	5:06	0.5	5:26	8:29	
23	Fri	11:59	4.2			5:50	0.0	5:54	0.6	5:26	8:29	
24	Sat	12:09	4.8	12:53	4.4	6:34	0.0	6:50	0.6	5:26	8:30	
25	Sun	1:05	4.7	1:47	4.6	7:24	0.1	7:56	0.7	5:27	8:30	
26	Mon	2:01	4.5	2:40	4.8	8:20	0.1	9:08	0.7	5:27	8:30	
27	Tue	2:57	4.3	3:35	4.9	9:19	0.2	10:17	0.6	5:27	8:30	
28	Wed	3:57	4.2	4:35	5.0	10:18	0.2	11:19	0.4	5:28	8:30	
29	Thu	5:02	4.1	5:36	5.1	11:16	0.1			5:28	8:30	
30	Fri	6:07	4.1	6:35	5.3	12:17	0.2	12:11	0.1	5:29	8:30	