US HARBORS www.USHarbors.com

Highlands, NJ - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:07	4.2	7:29	5.3	1:13	0.1	1:05	0.1	5:29	8:30	
2	Sun	8:01	4.3	8:19	5.3	2:06	0.0	1:59	0.2	5:30	8:29	
3	Mon	8:52	4.3	9:06	5.2	2:58	-0.1	2:52	0.2	5:30	8:29	
4	Tue	9:42	4.3	9:53	5.1	3:46	-0.1	3:42	0.3	5:31	8:29	
5	Wed	10:31	4.3	10:38	4.9	4:30	-0.1	4:28	0.4	5:31	8:29	
6	Thu	11:20	4.3	11:24	4.6	5:10	0.0	5:11	0.6	5:32	8:29	
7	Fri			12:08	4.2	5:49	0.2	5:53	0.8	5:32	8:28	
8	Sat	12:10	4.4	12:55	4.2	6:27	0.4	6:39	1.0	5:33	8:28	
9	Sun	12:56	4.1	1:40	4.2	7:06	0.6	7:30	1.2	5:34	8:28	
10	Mon	1:41	3.9	2:23	4.2	7:49	0.8	8:28	1.3	5:34	8:27	
11	Tue	2:25	3.7	3:06	4.2	8:37	0.9	9:30	1.3	5:35	8:27	
12	Wed	3:12	3.5	3:51	4.3	9:29	1.0	10:28	1.2	5:36	8:26	
13	Thu	4:04	3.4	4:42	4.3	10:22	1.0	11:22	1.0	5:37	8:26	
14	Fri	5:04	3.4	5:36	4.5	11:13	0.9			5:37	8:25	
15	Sat	6:05	3.5	6:27	4.7	12:12	0.8	12:02	0.8	5:38	8:25	
16	Sun	6:58	3.7	7:14	4.9	1:01	0.6	12:51	0.7	5:39	8:24	
17	Mon	7:44	3.9	7:58	5.1	1:49	0.3	1:40	0.6	5:40	8:23	
18	Tue	8:28	4.1	8:41	5.3	2:36	0.1	2:30	0.4	5:41	8:23	
19	Wed	9:12	4.2	9:25	5.3	3:21	-0.1	3:19	0.3	5:41	8:22	
20	Thu	9:58	4.4	10:11	5.3	4:04	-0.2	4:08	0.2	5:42	8:21	
21	Fri	10:46	4.6	11:00	5.1	4:46	-0.3	4:55	0.2	5:43	8:21	
22	Sat	11:37	4.7	11:52	4.9	5:27	-0.3	5:44	0.3	5:44	8:20	
23	Sun			12:31	4.8	6:10	-0.2	6:38	0.4	5:45	8:19	
24	Mon	12:47	4.7	1:26	4.9	6:57	-0.1	7:41	0.6	5:46	8:18	
25	Tue	1:44	4.4	2:20	4.9	7:52	0.1	8:52	0.7	5:47	8:17	
26	Wed	2:41	4.2	3:16	4.9	8:53	0.3	10:01	0.7	5:47	8:16	
27	Thu	3:41	4.0	4:16	4.9	9:58	0.4	11:06	0.6	5:48	8:15	
28	Fri	4:47	3.9	5:20	4.9	11:00	0.4			5:49	8:14	
29	Sat	5:54	3.9	6:22	5.0	12:04	0.4	11:58 AM	0.4	5:50	8:13	
30	Sun	6:55	4.1	7:16	5.0	12:58	0.3	12:52	0.4	5:51	8:12	
31	Mon	7:47	4.2	8:04	5.1	1:49	0.2	1:44	0.4	5:52	8:11	