



Highlands, NJ - Nov 1989

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 9:04 | 4.7 | 9:31 | 3.7 | 2:59 | 0.7 | 3:44 | 0.5 | 6:25 | 4:53 | ☀ |
| 2 | Thu | 9:38 | 4.6 | 10:12 | 3.6 | 3:32 | 0.8 | 4:22 | 0.6 | 6:27 | 4:51 | ☀ |
| 3 | Fri | 10:19 | 4.4 | 11:02 | 3.5 | 4:05 | 0.9 | 5:02 | 0.7 | 6:28 | 4:50 | ☀ |
| 4 | Sat | 11:11 | 4.3 | | | 4:43 | 1.0 | 5:50 | 0.8 | 6:29 | 4:49 | ☀ |
| 5 | Sun | 12:00 | 3.5 | 12:11 | 4.3 | 5:32 | 1.1 | 6:50 | 0.8 | 6:30 | 4:48 | ☀ |
| 6 | Mon | 12:58 | 3.6 | 1:12 | 4.3 | 6:45 | 1.2 | 7:55 | 0.7 | 6:31 | 4:47 | ☀ |
| 7 | Tue | 1:55 | 3.8 | 2:11 | 4.4 | 8:09 | 1.1 | 8:55 | 0.5 | 6:32 | 4:46 | ☀ |
| 8 | Wed | 2:53 | 4.2 | 3:13 | 4.4 | 9:21 | 0.8 | 9:49 | 0.2 | 6:34 | 4:45 | ☀ |
| 9 | Thu | 3:53 | 4.5 | 4:16 | 4.5 | 10:23 | 0.4 | 10:40 | -0.1 | 6:35 | 4:44 | ☀ |
| 10 | Fri | 4:51 | 5.0 | 5:16 | 4.6 | 11:19 | 0.0 | 11:29 | -0.3 | 6:36 | 4:43 | ☀ |
| 11 | Sat | 5:45 | 5.4 | 6:11 | 4.8 | | | 12:13 | -0.3 | 6:37 | 4:42 | ☀ |
| 12 | Sun | 6:36 | 5.7 | 7:03 | 4.8 | 12:19 | -0.5 | 1:08 | -0.5 | 6:38 | 4:41 | ☀ |
| 13 | Mon | 7:25 | 5.8 | 7:54 | 4.7 | 1:09 | -0.5 | 2:02 | -0.5 | 6:39 | 4:40 | ☀ |
| 14 | Tue | 8:14 | 5.7 | 8:47 | 4.6 | 2:01 | -0.5 | 2:54 | -0.5 | 6:41 | 4:39 | ☀ |
| 15 | Wed | 9:06 | 5.5 | 9:42 | 4.4 | 2:53 | -0.3 | 3:45 | -0.4 | 6:42 | 4:38 | ☀ |
| 16 | Thu | 10:00 | 5.2 | 10:41 | 4.2 | 3:43 | -0.1 | 4:35 | -0.2 | 6:43 | 4:38 | ☀ |
| 17 | Fri | 10:58 | 4.8 | 11:42 | 4.0 | 4:33 | 0.2 | 5:28 | 0.1 | 6:44 | 4:37 | ☀ |
| 18 | Sat | 11:57 | 4.5 | | | 5:27 | 0.6 | 6:25 | 0.3 | 6:45 | 4:36 | ☀ |
| 19 | Sun | 12:41 | 4.0 | 12:53 | 4.3 | 6:28 | 0.8 | 7:25 | 0.5 | 6:46 | 4:35 | ☀ |
| 20 | Mon | 1:36 | 3.9 | 1:46 | 4.1 | 7:36 | 1.0 | 8:23 | 0.6 | 6:47 | 4:35 | ☀ |
| 21 | Tue | 2:28 | 3.9 | 2:38 | 3.9 | 8:41 | 1.0 | 9:15 | 0.6 | 6:49 | 4:34 | ☀ |
| 22 | Wed | 3:19 | 4.0 | 3:31 | 3.8 | 9:39 | 0.9 | 10:00 | 0.5 | 6:50 | 4:34 | ☀ |
| 23 | Thu | 4:10 | 4.2 | 4:24 | 3.7 | 10:29 | 0.7 | 10:41 | 0.5 | 6:51 | 4:33 | ☀ |
| 24 | Fri | 4:58 | 4.3 | 5:15 | 3.7 | 11:15 | 0.6 | 11:20 | 0.4 | 6:52 | 4:32 | ☀ |
| 25 | Sat | 5:42 | 4.5 | 6:00 | 3.8 | 11:58 | 0.4 | 11:59 | 0.4 | 6:53 | 4:32 | ☀ |
| 26 | Sun | 6:21 | 4.7 | 6:41 | 3.8 | | | 12:41 | 0.3 | 6:54 | 4:32 | ☀ |
| 27 | Mon | 6:59 | 4.7 | 7:20 | 3.8 | 12:38 | 0.4 | 1:24 | 0.2 | 6:55 | 4:31 | ☀ |
| 28 | Tue | 7:34 | 4.7 | 7:58 | 3.7 | 1:18 | 0.4 | 2:06 | 0.1 | 6:56 | 4:31 | ☀ |
| 29 | Wed | 8:08 | 4.7 | 8:35 | 3.7 | 1:59 | 0.4 | 2:48 | 0.1 | 6:57 | 4:30 | ☀ |
| 30 | Thu | 8:43 | 4.6 | 9:14 | 3.6 | 2:38 | 0.5 | 3:27 | 0.1 | 6:58 | 4:30 | ☀ |