



Highlands, NJ - Dec 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:20	4.6	9:56	3.5	3:16	0.5	4:06	0.2	6:59	4:30	☀
2	Sat	10:03	4.5	10:44	3.5	3:53	0.6	4:45	0.2	7:00	4:30	☾
3	Sun	10:53	4.4	11:39	3.6	4:34	0.6	5:28	0.3	7:01	4:29	☾
4	Mon	11:49	4.3			5:23	0.7	6:18	0.3	7:02	4:29	☾
5	Tue	12:34	3.8	12:47	4.2	6:28	0.8	7:15	0.2	7:03	4:29	☾
6	Wed	1:29	4.0	1:44	4.1	7:45	0.7	8:15	0.1	7:04	4:29	☾
7	Thu	2:24	4.3	2:44	4.1	8:59	0.5	9:14	0.0	7:05	4:29	☾
8	Fri	3:23	4.6	3:48	4.0	10:04	0.2	10:09	-0.2	7:06	4:29	☾
9	Sat	4:25	4.9	4:53	4.1	11:02	-0.1	11:03	-0.4	7:07	4:29	☾
10	Sun	5:24	5.1	5:53	4.2	11:58	-0.3	11:56	-0.5	7:08	4:29	☾
11	Mon	6:18	5.3	6:48	4.3			12:53	-0.5	7:08	4:29	☾
12	Tue	7:09	5.4	7:40	4.3	12:50	-0.5	1:47	-0.6	7:09	4:29	☾
13	Wed	8:00	5.3	8:33	4.3	1:44	-0.5	2:39	-0.7	7:10	4:29	☾
14	Thu	8:50	5.2	9:26	4.2	2:37	-0.4	3:28	-0.6	7:11	4:30	☾
15	Fri	9:41	4.9	10:21	4.0	3:27	-0.2	4:15	-0.4	7:11	4:30	☾
16	Sat	10:33	4.6	11:16	3.9	4:14	0.0	5:01	-0.2	7:12	4:30	☾
17	Sun	11:26	4.3			5:03	0.3	5:48	0.0	7:13	4:31	☾
18	Mon	12:09	3.8	12:17	4.0	5:54	0.6	6:37	0.2	7:13	4:31	☾
19	Tue	1:00	3.8	1:06	3.7	6:53	0.8	7:29	0.4	7:14	4:31	☾
20	Wed	1:47	3.8	1:54	3.5	7:56	0.9	8:21	0.5	7:15	4:32	☾
21	Thu	2:35	3.8	2:44	3.3	8:57	0.8	9:10	0.5	7:15	4:32	☾
22	Fri	3:24	3.9	3:38	3.2	9:53	0.7	9:57	0.5	7:16	4:33	☾
23	Sat	4:15	4.0	4:35	3.2	10:43	0.5	10:42	0.4	7:16	4:33	☾
24	Sun	5:06	4.1	5:29	3.3	11:30	0.4	11:26	0.4	7:16	4:34	☾
25	Mon	5:51	4.3	6:16	3.4			12:15	0.2	7:17	4:35	☾
26	Tue	6:33	4.4	6:59	3.4	12:09	0.3	1:00	0.0	7:17	4:35	☾
27	Wed	7:12	4.5	7:39	3.5	12:53	0.2	1:45	-0.1	7:17	4:36	☾
28	Thu	7:50	4.6	8:18	3.6	1:37	0.2	2:28	-0.2	7:18	4:37	☾
29	Fri	8:27	4.6	8:57	3.6	2:21	0.1	3:08	-0.3	7:18	4:37	☾
30	Sat	9:07	4.6	9:39	3.6	3:02	0.1	3:47	-0.4	7:18	4:38	☾
31	Sun	9:49	4.5	10:20	3.8	3:44	0.1	4:25	-0.4	7:18	4:39	☾