US HARBORS www.USHarbors.com

Highlands, NJ - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:55	4.1	11:20	4.6	4:51	-0.5	4:58	-0.5	6:29	5:47	
2	Fri	11:53	3.9			5:45	-0.2	5:48	-0.2	6:27	5:48	
3	Sat	12:19	4.5	12:54	3.6	6:51	0.1	6:52	0.1	6:26	5:49	
4	Sun	1:20	4.3	1:57	3.5	8:05	0.2	8:06	0.3	6:24	5:50	
5	Mon	2:24	4.1	3:03	3.4	9:17	0.2	9:19	0.3	6:23	5:51	
6	Tue	3:32	4.1	4:12	3.5	10:20	0.1	10:24	0.2	6:21	5:52	
7	Wed	4:40	4.1	5:16	3.8	11:15	-0.1	11:20	0.0	6:20	5:53	
8	Thu	5:39	4.3	6:09	4.0			12:04	-0.3	6:18	5:54	
9	Fri	6:28	4.4	6:54	4.3	12:11	-0.1	12:48	-0.4	6:17	5:55	
10	Sat	7:10	4.4	7:35	4.4	12:59	-0.3	1:30	-0.4	6:15	5:57	
11	Sun	7:50	4.4	8:13	4.5	1:44	-0.3	2:09	-0.4	6:13	5:58	
12	Mon	8:27	4.3	8:50	4.5	2:26	-0.3	2:45	-0.3	6:12	5:59	
13	Tue	9:05	4.1	9:27	4.4	3:05	-0.3	3:18	-0.2	6:10	6:00	
14	Wed	9:42	3.9	10:03	4.3	3:42	-0.2	3:49	0.0	6:08	6:01	
15	Thu	10:20	3.6	10:40	4.1	4:18	0.0	4:19	0.2	6:07	6:02	
16	Fri	11:01	3.4	11:21	3.9	4:54	0.3	4:49	0.4	6:05	6:03	
17	Sat	11:47	3.2			5:33	0.5	5:22	0.7	6:04	6:04	
18	Sun	12:05	3.8	12:37	3.1	6:23	0.7	6:06	0.9	6:02	6:05	
19	Mon	12:55	3.7	1:29	3.0	7:30	0.8	7:18	1.0	6:00	6:06	
20	Tue	1:49	3.7	2:27	3.0	8:41	0.8	8:41	1.0	5:59	6:07	
21	Wed	2:49	3.7	3:30	3.2	9:42	0.6	9:49	0.8	5:57	6:08	
22	Thu	3:54	3.9	4:32	3.5	10:35	0.3	10:46	0.4	5:55	6:09	
23	Fri	4:55	4.1	5:27	3.9	11:22	0.0	11:38	0.1	5:54	6:10	
24	Sat	5:48	4.4	6:14	4.4			12:08	-0.3	5:52	6:11	
25	Sun	6:36	4.7	6:58	4.8	12:29	-0.3	12:53	-0.5	5:50	6:12	
26	Mon	7:21	4.8	7:42	5.1	1:20	-0.5	1:38	-0.7	5:49	6:13	
27	Tue	8:07	4.8	8:27	5.3	2:11	-0.7	2:23	-0.8	5:47	6:14	
28	Wed	8:55	4.7	9:15	5.3	3:00	-0.8	3:08	-0.8	5:46	6:15	
29	Thu	9:47	4.5	10:06	5.2	3:49	-0.7	3:53	-0.6	5:44	6:17	
30	Fri	10:43	4.2	11:03	4.9	4:39	-0.5	4:41	-0.3	5:42	6:18	
31	Sat	11:44	4.0			5:34	-0.2	5:35	0.0	5:41	6:19	