
































Highlands, NJ - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:55	3.7	6:14	4.6	11:57	1.0			6:23	7:28	
2	Sun	6:45	4.0	7:01	4.8	12:41	0.6	12:44	0.7	6:24	7:27	
3	Mon	7:28	4.3	7:42	5.0	1:23	0.3	1:31	0.5	6:25	7:25	
4	Tue	8:07	4.6	8:22	5.1	2:05	0.1	2:18	0.3	6:26	7:23	
5	Wed	8:46	4.9	9:02	5.1	2:46	-0.1	3:05	0.1	6:27	7:22	
6	Thu	9:25	5.1	9:45	5.0	3:27	-0.2	3:51	0.0	6:28	7:20	
7	Fri	10:08	5.2	10:30	4.9	4:07	-0.2	4:37	0.1	6:28	7:18	
8	Sat	10:55	5.2	11:21	4.6	4:47	-0.1	5:24	0.2	6:29	7:17	
9	Sun	11:47	5.2			5:29	0.0	6:16	0.4	6:30	7:15	
10	Mon	12:19	4.4	12:47	5.1	6:16	0.3	7:18	0.6	6:31	7:13	
11	Tue	1:22	4.2	1:49	4.9	7:14	0.5	8:30	0.8	6:32	7:12	
12	Wed	2:25	4.0	2:52	4.8	8:27	0.7	9:43	0.8	6:33	7:10	
13	Thu	3:30	4.0	3:57	4.8	9:43	0.8	10:49	0.6	6:34	7:08	
14	Fri	4:37	4.1	5:04	4.8	10:51	0.7	11:45	0.4	6:35	7:07	
15	Sat	5:43	4.3	6:06	4.9	11:50	0.5			6:36	7:05	
16	Sun	6:40	4.6	6:59	5.0	12:35	0.2	12:44	0.3	6:37	7:03	
17	Mon	7:29	4.9	7:45	5.0	1:22	0.1	1:33	0.2	6:38	7:02	
18	Tue	8:12	5.0	8:27	5.0	2:05	0.0	2:21	0.2	6:39	7:00	
19	Wed	8:53	5.1	9:07	4.9	2:46	0.0	3:06	0.2	6:40	6:58	
20	Thu	9:32	5.1	9:46	4.7	3:25	0.1	3:48	0.2	6:41	6:57	
21	Fri	10:10	5.0	10:25	4.4	4:01	0.2	4:28	0.4	6:42	6:55	
22	Sat	10:49	4.8	11:06	4.1	4:35	0.4	5:06	0.5	6:43	6:53	
23	Sun	11:29	4.6	11:51	3.9	5:08	0.7	5:45	0.8	6:44	6:52	
24	Mon			12:13	4.4	5:40	0.9	6:27	1.0	6:45	6:50	
25	Tue	12:41	3.7	1:02	4.3	6:16	1.2	7:17	1.2	6:46	6:48	
26	Wed	1:33	3.5	1:53	4.2	7:02	1.4	8:21	1.3	6:47	6:47	
27	Thu	2:26	3.5	2:44	4.1	8:11	1.5	9:28	1.3	6:48	6:45	
28	Fri	3:21	3.5	3:39	4.2	9:28	1.5	10:27	1.1	6:49	6:43	
29	Sat	4:18	3.6	4:37	4.3	10:33	1.3	11:17	0.8	6:50	6:42	
30	Sun	5:16	3.9	5:34	4.5	11:28	1.0			6:51	6:40	