US HARBORS www.USHarbors.com

Highlands, NJ - Oct 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:07	4.2	6:25	4.7	12:02	0.5	12:17	0.7	6:52	6:38	
2	Tue	6:53	4.7	7:11	4.9	12:45	0.3	1:06	0.4	6:53	6:37	
3	Wed	7:35	5.1	7:55	5.1	1:27	0.0	1:54	0.1	6:54	6:35	
4	Thu	8:16	5.4	8:39	5.1	2:10	-0.1	2:44	-0.1	6:55	6:33	
5	Fri	8:59	5.6	9:24	5.0	2:54	-0.2	3:33	-0.2	6:56	6:32	
6	Sat	9:44	5.6	10:14	4.8	3:39	-0.3	4:22	-0.2	6:57	6:30	
7	Sun	10:34	5.6	11:08	4.6	4:24	-0.2	5:12	0.0	6:58	6:29	
8	Mon	11:30	5.4			5:12	0.0	6:05	0.2	6:59	6:27	
9	Tue	12:10	4.3	12:32	5.1	6:03	0.3	7:06	0.4	7:00	6:25	
10	Wed	1:15	4.2	1:37	4.9	7:05	0.6	8:16	0.6	7:01	6:24	
11	Thu	2:19	4.1	2:40	4.7	8:18	0.8	9:26	0.6	7:02	6:22	
12	Fri	3:21	4.2	3:42	4.6	9:33	0.9	10:29	0.5	7:03	6:21	
13	Sat	4:24	4.3	4:44	4.6	10:40	0.8	11:23	0.4	7:04	6:19	
14	Sun	5:24	4.5	5:44	4.6	11:37	0.6			7:05	6:18	
15	Mon	6:19	4.7	6:36	4.6	12:10	0.2	12:27	0.4	7:06	6:16	
16	Tue	7:05	4.9	7:21	4.6	12:52	0.2	1:14	0.3	7:07	6:15	
17	Wed	7:46	5.1	8:01	4.6	1:33	0.1	1:59	0.2	7:08	6:13	
18	Thu	8:24	5.1	8:40	4.5	2:12	0.2	2:42	0.2	7:09	6:12	
19	Fri	9:00	5.1	9:18	4.4	2:49	0.3	3:23	0.2	7:11	6:10	
20	Sat	9:36	5.0	9:56	4.2	3:26	0.4	4:03	0.3	7:12	6:09	
21	Sun	10:12	4.8	10:36	4.0	4:02	0.6	4:41	0.4	7:13	6:07	
22	Mon	10:49	4.6	11:18	3.7	4:36	0.7	5:18	0.6	7:14	6:06	
23	Tue	11:30	4.4			5:09	0.9	5:57	0.8	7:15	6:05	
24	Wed	12:07	3.6	12:17	4.2	5:44	1.1	6:42	1.0	7:16	6:03	
25	Thu	1:00	3.5	1:09	4.1	6:25	1.3	7:37	1.1	7:17	6:02	
26	Fri	1:53	3.5	2:02	4.1	7:24	1.4	8:40	1.1	7:18	6:01	
27	Sat	2:45	3.6	2:55	4.1	8:44	1.4	9:40	0.9	7:19	5:59	
28	Sun	2:36	3.7	2:50	4.2	8:56	1.3	9:33	0.7	6:21	4:58	
29	Mon	3:31	4.0	3:49	4.3	9:56	0.9	10:20	0.4	6:22	4:57	
30	Tue	4:25	4.4	4:47	4.5	10:50	0.6	11:06	0.1	6:23	4:55	
31	Wed	5:17	4.9	5:40	4.6	11:41	0.2	11:51	-0.1	6:24	4:54	