US HARBORS www.USHarbors.com

Highlands, NJ - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:32	4.1	4:56	3.5	11:03	0.2	11:01	0.1	7:18	4:39	
2	Tue	5:23	4.2	5:47	3.6	11:49	0.1	11:45	0.0	7:19	4:40	
3	Wed	6:08	4.3	6:33	3.7			12:33	-0.1	7:19	4:41	
4	Thu	6:49	4.4	7:15	3.8	12:28	0.0	1:16	-0.2	7:19	4:42	
5	Fri	7:28	4.4	7:56	3.8	1:11	-0.1	1:58	-0.2	7:19	4:43	
6	Sat	8:04	4.4	8:35	3.8	1:53	-0.1	2:38	-0.3	7:19	4:44	
7	Sun	8:39	4.3	9:14	3.7	2:34	-0.1	3:15	-0.3	7:19	4:45	
8	Mon	9:13	4.2	9:52	3.7	3:12	0.0	3:50	-0.2	7:18	4:46	
9	Tue	9:46	4.1	10:31	3.6	3:48	0.1	4:23	-0.1	7:18	4:47	
10	Wed	10:22	3.9	11:12	3.6	4:24	0.2	4:55	0.0	7:18	4:48	
11	Thu	11:04	3.8	11:57	3.7	5:02	0.3	5:30	0.0	7:18	4:49	
12	Fri	11:54	3.7			5:48	0.4	6:13	0.1	7:18	4:50	
13	Sat	12:45	3.8	12:49	3.6	6:50	0.5	7:11	0.2	7:17	4:51	
14	Sun	1:36	3.9	1:47	3.5	8:04	0.4	8:19	0.1	7:17	4:52	
15	Mon	2:33	4.1	2:52	3.5	9:16	0.2	9:26	-0.1	7:17	4:53	
16	Tue	3:37	4.3	4:03	3.6	10:20	-0.1	10:27	-0.3	7:16	4:54	
17	Wed	4:43	4.6	5:11	3.8	11:18	-0.4	11:26	-0.6	7:16	4:55	
18	Thu	5:44	4.9	6:11	4.1			12:14	-0.8	7:15	4:56	
19	Fri	6:39	5.2	7:06	4.4	12:22	-0.8	1:08	-1.0	7:15	4:57	
20	Sat	7:31	5.4	7:59	4.6	1:18	-1.0	2:01	-1.2	7:14	4:59	
21	Sun	8:22	5.4	8:51	4.6	2:13	-1.1	2:51	-1.3	7:14	5:00	
22	Mon	9:13	5.2	9:44	4.6	3:06	-1.1	3:39	-1.3	7:13	5:01	
23	Tue	10:05	4.9	10:38	4.5	3:56	-0.9	4:25	-1.1	7:12	5:02	
24	Wed	10:59	4.6	11:32	4.3	4:46	-0.6	5:11	-0.9	7:12	5:03	
25	Thu	11:52	4.3			5:37	-0.3	6:00	-0.5	7:11	5:04	
26	Fri	12:25	4.2	12:45	3.9	6:35	0.0	6:52	-0.2	7:10	5:06	
27	Sat	1:17	4.0	1:37	3.6	7:37	0.3	7:49	0.1	7:09	5:07	
28	Sun	2:07	3.9	2:30	3.4	8:41	0.4	8:46	0.2	7:09	5:08	
29	Mon	3:00	3.8	3:26	3.3	9:41	0.4	9:40	0.3	7:08	5:09	
30	Tue	3:56	3.8	4:25	3.2	10:34	0.3	10:31	0.2	7:07	5:10	
31	Wed	4:52	3.8	5:20	3.4	11:21	0.1	11:18	0.1	7:06	5:12	