

































## Highlands, NJ - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:57	3.5	12:52	3.5	6:45	0.8	7:15	0.4	7:18	4:40	
2	Thu	1:41	3.6	1:40	3.4	7:52	0.8	8:13	0.4	7:19	4:41	
3	Fri	2:28	3.7	2:34	3.4	8:58	0.6	9:11	0.3	7:19	4:42	
4	Sat	3:21	3.9	3:36	3.4	9:58	0.4	10:06	0.1	7:19	4:42	
5	Sun	4:19	4.2	4:41	3.5	10:53	0.1	10:58	-0.1	7:19	4:43	
6	Mon	5:15	4.5	5:40	3.8	11:46	-0.3	11:50	-0.4	7:19	4:44	
7	Tue	6:07	4.9	6:32	4.0			12:38	-0.6	7:18	4:45	
8	Wed	6:57	5.2	7:23	4.3	12:42	-0.6	1:29	-0.9	7:18	4:46	
9	Thu	7:46	5.3	8:13	4.4	1:35	-0.8	2:20	-1.1	7:18	4:47	
10	Fri	8:36	5.3	9:06	4.5	2:28	-0.9	3:09	-1.2	7:18	4:48	
11	Sat	9:28	5.2	10:00	4.5	3:20	-0.9	3:57	-1.2	7:18	4:49	
12	Sun	10:22	5.0	10:57	4.5	4:11	-0.8	4:45	-1.1	7:17	4:50	
13	Mon	11:19	4.7	11:56	4.4	5:04	-0.6	5:35	-0.9	7:17	4:52	
14	Tue			12:16	4.4	6:02	-0.3	6:30	-0.6	7:17	4:53	
15	Wed	12:52	4.3	1:13	4.1	7:07	0.0	7:29	-0.4	7:16	4:54	
16	Thu	1:47	4.2	2:08	3.9	8:15	0.1	8:30	-0.2	7:16	4:55	
17	Fri	2:43	4.1	3:06	3.6	9:20	0.1	9:28	-0.1	7:15	4:56	
18	Sat	3:41	4.1	4:07	3.5	10:19	0.1	10:22	-0.1	7:15	4:57	
19	Sun	4:40	4.1	5:07	3.5	11:12	0.0	11:11	-0.1	7:14	4:58	
20	Mon	5:33	4.2	5:59	3.6			12:00	-0.2	7:14	4:59	
21	Tue	6:20	4.3	6:45	3.7			12:45	-0.3	7:13	5:01	
22	Wed	7:02	4.4	7:28	3.8	12:43	-0.2	1:29	-0.3	7:13	5:02	
23	Thu	7:41	4.4	8:08	3.9	1:26	-0.2	2:10	-0.4	7:12	5:03	
24	Fri	8:18	4.3	8:48	3.8	2:09	-0.2	2:48	-0.4	7:11	5:04	
25	Sat	8:55	4.2	9:27	3.8	2:49	-0.2	3:24	-0.4	7:10	5:05	
26	Sun	9:30	4.1	10:06	3.7	3:26	-0.1	3:58	-0.3	7:10	5:07	
27	Mon	10:05	3.9	10:45	3.6	4:02	0.0	4:30	-0.2	7:09	5:08	
28	Tue	10:41	3.7	11:25	3.6	4:38	0.2	5:01	0.0	7:08	5:09	
29	Wed	11:21	3.6			5:15	0.3	5:34	0.1	7:07	5:10	
30	Thu	12:06	3.6	12:06	3.4	6:01	0.5	6:15	0.2	7:06	5:11	
31	Fri	12:51	3.6	12:58	3.3	7:01	0.5	7:12	0.3	7:05	5:13	