US HARBORS www.USHarbors.com

Highlands, NJ - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:08	3.9	12:29	3.4	6:26	0.4	6:27	0.3	6:29	5:47	
2	Sun	1:03	4.0	1:28	3.4	7:38	0.4	7:43	0.4	6:27	5:48	
3	Mon	2:03	4.1	2:33	3.5	8:52	0.3	9:02	0.3	6:25	5:49	
4	Tue	3:09	4.2	3:44	3.6	9:58	0.1	10:10	0.0	6:24	5:50	
5	Wed	4:19	4.4	4:53	3.9	10:57	-0.3	11:11	-0.4	6:22	5:51	
6	Thu	5:24	4.7	5:54	4.4	11:51	-0.6			6:21	5:52	
7	Fri	6:20	5.0	6:47	4.7	12:08	-0.7	12:44	-0.9	6:19	5:54	
8	Sat	7:12	5.2	7:38	5.0	1:04	-0.9	1:35	-1.2	6:18	5:55	
9	Sun	8:03	5.3	8:28	5.2	1:58	-1.1	2:24	-1.3	6:16	5:56	
10	Mon	8:53	5.2	9:18	5.1	2:50	-1.1	3:11	-1.2	6:14	5:57	
11	Tue	9:44	4.9	10:09	5.0	3:40	-1.0	3:57	-1.0	6:13	5:58	
12	Wed	10:36	4.6	11:01	4.7	4:28	-0.8	4:42	-0.7	6:11	5:59	
13	Thu	11:31	4.3	11:55	4.5	5:18	-0.4	5:29	-0.3	6:10	6:00	
14	Fri			12:26	4.0	6:13	-0.1	6:22	0.1	6:08	6:01	
15	Sat	12:49	4.2	1:20	3.7	7:14	0.3	7:21	0.4	6:06	6:02	
16	Sun	1:42	4.0	2:15	3.6	8:19	0.4	8:25	0.6	6:05	6:03	
17	Mon	2:36	3.8	3:11	3.5	9:21	0.5	9:26	0.6	6:03	6:04	
18	Tue	3:34	3.7	4:10	3.5	10:15	0.4	10:20	0.5	6:01	6:05	
19	Wed	4:32	3.8	5:06	3.7	11:02	0.3	11:09	0.4	6:00	6:06	
20	Thu	5:25	3.9	5:54	3.9	11:45	0.2	11:55	0.2	5:58	6:07	
21	Fri	6:11	4.1	6:36	4.1			12:26	0.0	5:57	6:09	
22	Sat	6:51	4.2	7:15	4.3	12:38	0.1	1:06	-0.1	5:55	6:10	
23	Sun	7:28	4.3	7:51	4.4	1:21	-0.1	1:45	-0.1	5:53	6:11	
24	Mon	8:03	4.3	8:25	4.4	2:02	-0.2	2:22	-0.1	5:52	6:12	
25	Tue	8:37	4.2	8:58	4.4	2:42	-0.2	2:57	-0.1	5:50	6:13	
26	Wed	9:11	4.1	9:30	4.4	3:20	-0.2	3:29	0.0	5:48	6:14	
27	Thu	9:46	4.0	10:06	4.4	3:56	-0.1	4:01	0.1	5:47	6:15	
28	Fri	10:27	3.8	10:48	4.3	4:33	0.0	4:34	0.2	5:45	6:16	
29	Sat	11:16	3.7	11:40	4.3	5:15	0.2	5:13	0.3	5:43	6:17	
30	Sun			12:14	3.7	6:07	0.3	6:06	0.5	5:42	6:18	
31	Mon	12:40	4.3	1:15	3.7	7:15	0.4	7:23	0.5	5:40	6:19	