US HARBORS www.USHarbors.com

Highlands, NJ - Jun 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:18	4.5	5:53	5.1	11:37	-0.1			5:27	8:19	
2	Mon	6:18	4.5	6:47	5.3	12:22	0.0	12:28	-0.2	5:27	8:20	
3	Tue	7:13	4.6	7:36	5.4	1:14	-0.1	1:18	-0.2	5:26	8:21	
4	Wed	8:03	4.6	8:22	5.4	2:06	-0.2	2:07	-0.1	5:26	8:21	
5	Thu	8:51	4.6	9:06	5.3	2:55	-0.3	2:55	0.0	5:26	8:22	
6	Fri	9:39	4.5	9:50	5.1	3:42	-0.2	3:40	0.1	5:26	8:23	
7	Sat	10:26	4.4	10:34	4.9	4:26	-0.1	4:24	0.3	5:25	8:23	
8	Sun	11:15	4.2	11:19	4.7	5:07	0.0	5:05	0.5	5:25	8:24	
9	Mon			12:04	4.1	5:47	0.2	5:47	0.8	5:25	8:24	
10	Tue	12:06	4.4	12:54	4.0	6:29	0.4	6:31	1.0	5:25	8:25	
11	Wed	12:54	4.2	1:42	4.0	7:13	0.6	7:22	1.2	5:25	8:26	
12	Thu	1:40	4.0	2:28	4.0	8:01	0.7	8:21	1.2	5:25	8:26	
13	Fri	2:26	3.9	3:13	4.1	8:54	0.8	9:23	1.2	5:25	8:26	
14	Sat	3:13	3.8	4:00	4.2	9:46	0.8	10:22	1.1	5:25	8:27	
15	Sun	4:04	3.8	4:49	4.3	10:35	0.7	11:15	0.9	5:25	8:27	
16	Mon	5:00	3.8	5:40	4.5	11:23	0.6			5:25	8:28	
17	Tue	5:57	3.9	6:28	4.8	12:05	0.6	12:08	0.5	5:25	8:28	
18	Wed	6:49	4.0	7:12	5.1	12:53	0.4	12:54	0.4	5:25	8:28	
19	Thu	7:36	4.2	7:56	5.3	1:41	0.1	1:41	0.2	5:25	8:29	
20	Fri	8:22	4.3	8:39	5.4	2:30	-0.1	2:30	0.1	5:25	8:29	
21	Sat	9:09	4.4	9:25	5.5	3:19	-0.3	3:20	0.0	5:25	8:29	
22	Sun	9:58	4.5	10:14	5.5	4:06	-0.4	4:09	0.0	5:26	8:29	
23	Mon	10:51	4.6	11:07	5.3	4:52	-0.5	4:59	0.0	5:26	8:29	
24	Tue	11:47	4.6			5:38	-0.4	5:50	0.1	5:26	8:30	
25	Wed	12:04	5.2	12:46	4.7	6:28	-0.3	6:48	0.3	5:27	8:30	
26	Thu	1:03	5.0	1:43	4.8	7:22	-0.2	7:53	0.5	5:27	8:30	
27	Fri	2:00	4.8	2:39	4.8	8:21	-0.1	9:02	0.5	5:27	8:30	
28	Sat	2:57	4.6	3:34	4.9	9:21	0.0	10:08	0.5	5:28	8:30	
29	Sun	3:55	4.4	4:32	4.9	10:19	0.1	11:09	0.4	5:28	8:30	
30	Mon	4:56	4.3	5:31	5.0	11:14	0.1			5:29	8:30	