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# Highlands, NJ - Jan 1998

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 9:38 | 4.9 | 10:11 | 4.1 | 3:32 | -0.4 | 4:12 | -0.8 | 7:18 | 4:40 | |
| 2 | Fri | 10:31 | 4.8 | 11:08 | 4.1 | 4:19 | -0.4 | 4:58 | -0.7 | 7:19 | 4:41 | |
| 3 | Sat | 11:27 | 4.6 | | | 5:11 | -0.2 | 5:48 | -0.6 | 7:19 | 4:41 | |
| 4 | Sun | 12:06 | 4.2 | 12:26 | 4.4 | 6:11 | 0.0 | 6:45 | -0.4 | 7:19 | 4:42 | |
| 5 | Mon | 1:04 | 4.2 | 1:24 | 4.2 | 7:20 | 0.1 | 7:46 | -0.3 | 7:19 | 4:43 | |
| 6 | Tue | 2:01 | 4.3 | 2:23 | 4.0 | 8:32 | 0.1 | 8:49 | -0.3 | 7:19 | 4:44 | |
| 7 | Wed | 3:00 | 4.3 | 3:25 | 3.9 | 9:38 | 0.0 | 9:48 | -0.4 | 7:18 | 4:45 | |
| 8 | Thu | 4:02 | 4.4 | 4:29 | 3.8 | 10:38 | -0.2 | 10:43 | -0.4 | 7:18 | 4:46 | |
| 9 | Fri | 5:02 | 4.6 | 5:30 | 3.9 | 11:33 | -0.3 | 11:36 | -0.5 | 7:18 | 4:47 | |
| 10 | Sat | 5:57 | 4.7 | 6:23 | 4.0 | | | 12:25 | -0.5 | 7:18 | 4:48 | |
| 11 | Sun | 6:45 | 4.8 | 7:12 | 4.1 | 12:26 | -0.5 | 1:15 | -0.6 | 7:18 | 4:49 | |
| 12 | Mon | 7:30 | 4.8 | 7:58 | 4.1 | 1:14 | -0.5 | 2:02 | -0.6 | 7:17 | 4:50 | |
| 13 | Tue | 8:13 | 4.7 | 8:43 | 4.0 | 2:01 | -0.4 | 2:45 | -0.6 | 7:17 | 4:51 | |
| 14 | Wed | 8:54 | 4.5 | 9:27 | 3.9 | 2:45 | -0.3 | 3:26 | -0.5 | 7:17 | 4:52 | |
| 15 | Thu | 9:36 | 4.3 | 10:11 | 3.8 | 3:26 | -0.2 | 4:03 | -0.4 | 7:16 | 4:53 | |
| 16 | Fri | 10:18 | 4.1 | 10:57 | 3.7 | 4:06 | 0.0 | 4:40 | -0.2 | 7:16 | 4:55 | |
| 17 | Sat | 11:01 | 3.8 | 11:43 | 3.6 | 4:45 | 0.2 | 5:16 | 0.0 | 7:15 | 4:56 | |
| 18 | Sun | 11:45 | 3.6 | | | 5:26 | 0.4 | 5:55 | 0.2 | 7:15 | 4:57 | |
| 19 | Mon | 12:28 | 3.6 | 12:30 | 3.4 | 6:14 | 0.6 | 6:39 | 0.3 | 7:14 | 4:58 | |
| 20 | Tue | 1:13 | 3.5 | 1:16 | 3.3 | 7:12 | 0.7 | 7:32 | 0.4 | 7:14 | 4:59 | |
| 21 | Wed | 1:57 | 3.5 | 2:04 | 3.2 | 8:17 | 0.7 | 8:30 | 0.4 | 7:13 | 5:00 | |
| 22 | Thu | 2:46 | 3.6 | 2:58 | 3.1 | 9:20 | 0.6 | 9:27 | 0.4 | 7:13 | 5:01 | |
| 23 | Fri | 3:39 | 3.7 | 4:00 | 3.2 | 10:16 | 0.4 | 10:20 | 0.2 | 7:12 | 5:03 | |
| 24 | Sat | 4:36 | 4.0 | 5:01 | 3.3 | 11:08 | 0.1 | 11:11 | 0.0 | 7:11 | 5:04 | |
| 25 | Sun | 5:29 | 4.3 | 5:54 | 3.6 | 11:58 | -0.2 | | | 7:11 | 5:05 | |
| 26 | Mon | 6:17 | 4.6 | 6:42 | 3.8 | 12:00 | -0.2 | 12:46 | -0.5 | 7:10 | 5:06 | |
| 27 | Tue | 7:03 | 4.9 | 7:28 | 4.1 | 12:50 | -0.5 | 1:35 | -0.8 | 7:09 | 5:07 | |
| 28 | Wed | 7:49 | 5.0 | 8:15 | 4.3 | 1:40 | -0.7 | 2:22 | -1.0 | 7:08 | 5:09 | |
| 29 | Thu | 8:35 | 5.1 | 9:03 | 4.4 | 2:31 | -0.8 | 3:08 | -1.1 | 7:07 | 5:10 | |
| 30 | Fri | 9:24 | 5.0 | 9:54 | 4.4 | 3:20 | -0.9 | 3:52 | -1.1 | 7:06 | 5:11 | |
| 31 | Sat | 10:17 | 4.8 | 10:49 | 4.4 | 4:09 | -0.8 | 4:38 | -1.0 | 7:06 | 5:12 | |