US HARBORS www.USHarbors.com

Highlands, NJ - Jan 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:57	4.0	4:14	3.4	10:22	0.4	10:32	0.1	7:18	4:39	
2	Sun	4:49	4.1	5:08	3.4	11:10	0.2	11:15	0.1	7:19	4:40	
3	Mon	5:36	4.2	5:57	3.5	11:55	0.1	11:57	0.1	7:19	4:41	
4	Tue	6:19	4.4	6:40	3.6			12:39	0.0	7:19	4:42	
5	Wed	6:59	4.5	7:21	3.6	12:39	0.0	1:22	-0.2	7:19	4:43	
6	Thu	7:37	4.5	8:00	3.6	1:21	0.0	2:04	-0.2	7:19	4:44	
7	Fri	8:13	4.5	8:38	3.6	2:03	0.0	2:44	-0.3	7:19	4:45	
8	Sat	8:48	4.4	9:15	3.5	2:42	0.0	3:22	-0.3	7:18	4:46	
9	Sun	9:23	4.3	9:53	3.5	3:20	0.1	3:58	-0.3	7:18	4:47	
10	Mon	10:00	4.2	10:33	3.5	3:56	0.2	4:33	-0.2	7:18	4:48	
11	Tue	10:41	4.0	11:18	3.5	4:32	0.3	5:09	-0.1	7:18	4:49	
12	Wed	11:30	3.9			5:13	0.3	5:50	-0.1	7:18	4:50	
13	Thu	12:08	3.7	12:23	3.8	6:07	0.4	6:40	0.0	7:17	4:51	
14	Fri	1:00	3.8	1:20	3.7	7:19	0.5	7:41	0.0	7:17	4:52	
15	Sat	1:56	4.0	2:20	3.6	8:36	0.4	8:47	-0.1	7:17	4:53	
16	Sun	2:56	4.2	3:26	3.6	9:46	0.1	9:49	-0.3	7:16	4:54	
17	Mon	4:02	4.5	4:36	3.7	10:48	-0.2	10:49	-0.5	7:16	4:55	
18	Tue	5:07	4.7	5:40	4.0	11:45	-0.5	11:46	-0.7	7:15	4:56	
19	Wed	6:06	5.0	6:38	4.2			12:41	-0.8	7:15	4:57	
20	Thu	7:00	5.2	7:31	4.4	12:42	-0.9	1:35	-1.0	7:14	4:59	
21	Fri	7:51	5.3	8:24	4.5	1:38	-0.9	2:27	-1.1	7:14	5:00	
22	Sat	8:42	5.2	9:16	4.4	2:31	-1.0	3:16	-1.2	7:13	5:01	
23	Sun	9:33	5.0	10:09	4.4	3:22	-0.9	4:02	-1.1	7:12	5:02	
24	Mon	10:24	4.7	11:02	4.2	4:11	-0.7	4:47	-0.8	7:12	5:03	
25	Tue	11:16	4.3	11:55	4.1	4:59	-0.4	5:33	-0.5	7:11	5:04	
26	Wed			12:07	4.0	5:50	0.0	6:21	-0.2	7:10	5:06	
27	Thu	12:45	4.0	12:58	3.7	6:46	0.3	7:13	0.1	7:09	5:07	
28	Fri	1:34	3.9	1:47	3.4	7:48	0.4	8:08	0.3	7:09	5:08	
29	Sat	2:23	3.8	2:38	3.2	8:49	0.5	9:02	0.3	7:08	5:09	
30	Sun	3:14	3.7	3:34	3.1	9:47	0.5	9:54	0.4	7:07	5:10	
31	Mon	4:09	3.8	4:34	3.1	10:39	0.3	10:43	0.3	7:06	5:12	