

































## Highlands, NJ - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:24	3.7	4:56	3.2	10:53	0.4	11:00	0.4	6:28	5:47	
2	Thu	5:19	3.9	5:47	3.4	11:40	0.2	11:47	0.2	6:27	5:48	
3	Fri	6:06	4.1	6:31	3.7			12:24	-0.1	6:25	5:49	
4	Sat	6:47	4.3	7:10	3.9	12:33	0.1	1:07	-0.2	6:23	5:51	
5	Sun	7:26	4.5	7:47	4.1	1:17	-0.1	1:48	-0.4	6:22	5:52	
6	Mon	8:03	4.5	8:22	4.2	2:01	-0.3	2:27	-0.5	6:20	5:53	
7	Tue	8:40	4.5	8:59	4.4	2:43	-0.4	3:05	-0.6	6:19	5:54	
8	Wed	9:20	4.4	9:39	4.4	3:24	-0.4	3:41	-0.5	6:17	5:55	
9	Thu	10:04	4.3	10:24	4.5	4:05	-0.4	4:18	-0.5	6:16	5:56	
10	Fri	10:54	4.1	11:15	4.4	4:49	-0.2	4:59	-0.3	6:14	5:57	
11	Sat	11:50	3.9			5:41	0.0	5:47	-0.1	6:12	5:58	
12	Sun	12:13	4.4	12:50	3.8	6:45	0.1	6:49	0.1	6:11	5:59	
13	Mon	1:14	4.4	1:53	3.7	7:59	0.2	8:04	0.2	6:09	6:00	
14	Tue	2:17	4.3	2:59	3.7	9:11	0.2	9:17	0.1	6:08	6:01	
15	Wed	3:25	4.3	4:08	3.8	10:16	0.0	10:23	0.0	6:06	6:02	
16	Thu	4:35	4.4	5:13	4.1	11:13	-0.3	11:22	-0.3	6:04	6:04	
17	Fri	5:37	4.6	6:10	4.4			12:05	-0.5	6:03	6:05	
18	Sat	6:31	4.8	6:59	4.7	12:16	-0.4	12:54	-0.7	6:01	6:06	
19	Sun	7:18	4.9	7:45	4.8	1:08	-0.6	1:41	-0.7	5:59	6:07	
20	Mon	8:03	4.8	8:29	4.9	1:58	-0.6	2:25	-0.7	5:58	6:08	
21	Tue	8:47	4.7	9:12	4.8	2:44	-0.6	3:06	-0.6	5:56	6:09	
22	Wed	9:30	4.4	9:54	4.6	3:27	-0.5	3:44	-0.4	5:54	6:10	
23	Thu	10:14	4.2	10:38	4.4	4:07	-0.3	4:20	-0.1	5:53	6:11	
24	Fri	10:59	3.9	11:22	4.2	4:47	0.0	4:56	0.2	5:51	6:12	
25	Sat	11:47	3.6			5:30	0.3	5:34	0.5	5:50	6:13	
26	Sun	12:09	4.0	12:37	3.4	6:18	0.5	6:20	0.8	5:48	6:14	
27	Mon	12:57	3.8	1:27	3.3	7:16	0.7	7:21	1.0	5:46	6:15	
28	Tue	1:46	3.7	2:19	3.2	8:20	0.8	8:30	1.1	5:45	6:16	
29	Wed	2:39	3.7	3:16	3.3	9:21	0.7	9:33	1.0	5:43	6:17	
30	Thu	3:38	3.7	4:16	3.4	10:15	0.6	10:28	0.7	5:41	6:18	
31	Fri	4:37	3.9	5:10	3.7	11:02	0.4	11:18	0.5	5:40	6:19	