US HARBORS www.USHarbors.com

Highlands, NJ - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:18	4.7	8:36	5.8	2:24	-0.4	2:23	-0.3	5:29	8:29	
2	Sun	9:13	4.8	9:29	5.8	3:19	-0.6	3:19	-0.4	5:30	8:29	
3	Mon	10:08	4.8	10:24	5.7	4:11	-0.7	4:13	-0.3	5:30	8:29	
4	Tue	11:06	4.8	11:20	5.4	5:01	-0.6	5:06	-0.2	5:31	8:29	
5	Wed			12:04	4.8	5:50	-0.5	6:00	0.1	5:31	8:29	
6	Thu	12:17	5.1	1:02	4.8	6:41	-0.3	6:56	0.4	5:32	8:28	
7	Fri	1:14	4.8	1:57	4.7	7:36	0.0	7:59	0.6	5:33	8:28	
8	Sat	2:08	4.5	2:48	4.7	8:32	0.2	9:03	0.8	5:33	8:28	
9	Sun	2:59	4.3	3:39	4.6	9:27	0.4	10:05	0.8	5:34	8:27	
10	Mon	3:52	4.0	4:31	4.6	10:20	0.5	11:01	0.7	5:35	8:27	
11	Tue	4:48	3.9	5:24	4.6	11:08	0.6	11:51	0.6	5:35	8:27	
12	Wed	5:45	3.8	6:14	4.7	11:54	0.6			5:36	8:26	
13	Thu	6:37	3.8	7:00	4.8	12:38	0.5	12:37	0.6	5:37	8:26	
14	Fri	7:24	3.9	7:42	4.9	1:23	0.4	1:21	0.6	5:38	8:25	
15	Sat	8:07	4.0	8:22	4.9	2:07	0.3	2:05	0.6	5:38	8:24	
16	Sun	8:48	4.0	9:00	4.9	2:50	0.3	2:48	0.6	5:39	8:24	
17	Mon	9:28	4.0	9:37	4.8	3:31	0.2	3:30	0.6	5:40	8:23	
18	Tue	10:08	4.0	10:13	4.7	4:10	0.2	4:09	0.7	5:41	8:22	
19	Wed	10:47	4.0	10:49	4.6	4:46	0.2	4:47	0.7	5:42	8:22	
20	Thu	11:26	4.0	11:28	4.5	5:20	0.3	5:23	0.8	5:43	8:21	
21	Fri			12:07	4.0	5:54	0.3	6:01	0.9	5:43	8:20	
22	Sat	12:11	4.3	12:51	4.1	6:30	0.4	6:47	1.0	5:44	8:20	
23	Sun	1:00	4.2	1:38	4.3	7:12	0.5	7:48	1.0	5:45	8:19	
24	Mon	1:52	4.2	2:27	4.5	8:05	0.5	9:01	1.0	5:46	8:18	
25	Tue	2:48	4.1	3:21	4.7	9:07	0.5	10:12	0.8	5:47	8:17	
26	Wed	3:49	4.1	4:22	4.9	10:11	0.4	11:16	0.5	5:48	8:16	
27	Thu	4:57	4.1	5:28	5.2	11:13	0.2			5:49	8:15	
28	Fri	6:05	4.3	6:31	5.4	12:14	0.2	12:12	0.0	5:50	8:14	
29	Sat	7:06	4.5	7:28	5.7	1:11	-0.1	1:10	-0.2	5:51	8:13	
30	Sun	8:03	4.8	8:22	5.8	2:06	-0.4	2:07	-0.3	5:51	8:12	
31	Mon	8:57	5.0	9:14	5.8	3:00	-0.6	3:04	-0.4	5:52	8:11	