US HARBORS www.USHarbors.com

Highlands, NJ - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:07	3.8	3:25	3.3	9:42	0.6	9:41	0.3	7:18	4:39	
2	Fri	3:58	3.9	4:21	3.3	10:33	0.5	10:26	0.3	7:18	4:40	
3	Sat	4:49	4.0	5:15	3.3	11:20	0.3	11:10	0.2	7:19	4:41	
4	Sun	5:36	4.1	6:03	3.4			12:05	0.2	7:19	4:42	
5	Mon	6:19	4.3	6:47	3.4			12:49	0.0	7:19	4:43	
6	Tue	6:58	4.3	7:28	3.5	12:36	0.1	1:33	-0.1	7:19	4:44	
7	Wed	7:35	4.4	8:08	3.5	1:20	0.1	2:15	-0.2	7:18	4:45	
8	Thu	8:10	4.4	8:47	3.5	2:02	0.1	2:55	-0.2	7:18	4:46	
9	Fri	8:45	4.4	9:25	3.5	2:43	0.1	3:32	-0.2	7:18	4:47	
10	Sat	9:22	4.3	10:06	3.5	3:22	0.1	4:08	-0.2	7:18	4:48	
11	Sun	10:01	4.2	10:50	3.6	4:00	0.1	4:43	-0.2	7:18	4:49	
12	Mon	10:47	4.1	11:38	3.7	4:41	0.2	5:20	-0.1	7:18	4:50	
13	Tue	11:39	3.9			5:29	0.2	6:03	-0.1	7:17	4:51	
14	Wed	12:30	3.8	12:35	3.8	6:29	0.3	6:56	0.0	7:17	4:52	
15	Thu	1:23	4.0	1:33	3.6	7:43	0.4	8:00	0.0	7:17	4:53	
16	Fri	2:19	4.2	2:35	3.5	8:58	0.3	9:06	-0.1	7:16	4:54	
17	Sat	3:21	4.4	3:45	3.5	10:06	0.0	10:09	-0.2	7:16	4:55	
18	Sun	4:28	4.6	4:57	3.5	11:07	-0.2	11:09	-0.4	7:15	4:56	
19	Mon	5:32	4.8	6:00	3.7			12:04	-0.5	7:15	4:57	
20	Tue	6:29	5.0	6:57	4.0	12:07	-0.5	1:00	-0.7	7:14	4:59	
21	Wed	7:21	5.1	7:50	4.1	1:03	-0.6	1:53	-0.9	7:14	5:00	
22	Thu	8:11	5.1	8:41	4.2	1:58	-0.7	2:42	-1.0	7:13	5:01	
23	Fri	9:00	4.9	9:31	4.2	2:50	-0.7	3:28	-0.9	7:12	5:02	
24	Sat	9:49	4.7	10:21	4.1	3:38	-0.5	4:11	-0.8	7:12	5:03	
25	Sun	10:38	4.4	11:11	4.0	4:24	-0.3	4:53	-0.6	7:11	5:04	
26	Mon	11:27	4.1			5:10	0.0	5:34	-0.3	7:10	5:06	
27	Tue	12:00	3.9	12:15	3.8	5:59	0.2	6:17	0.0	7:09	5:07	
28	Wed	12:47	3.8	1:03	3.5	6:55	0.5	7:04	0.2	7:09	5:08	
29	Thu	1:33	3.7	1:51	3.2	7:57	0.6	7:57	0.4	7:08	5:09	
30	Fri	2:19	3.6	2:42	3.0	8:59	0.7	8:52	0.5	7:07	5:11	
31	Sat	3:09	3.6	3:40	2.9	9:57	0.6	9:46	0.5	7:06	5:12	