US HARBORS www.USHarbors.com

Highlands, NJ - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**3:18**	3.5	**4:04**	3.0	**10:14**	0.6	**10:05**	0.7	6:28	5:47	
2	Tue	**4:21**	3.6	**5:05**	3.1	**11:05**	0.4	**10:58**	0.5	6:27	5:48	
3	Wed	**5:19**	3.8	**5:55**	3.4	**11:51**	0.2	**11:47**	0.3	6:25	5:50	
4	Thu	**6:06**	4.1	**6:38**	3.7			**12:34**	0.0	6:23	5:51	
5	Fri	**6:48**	4.3	**7:17**	4.0	**12:34**	0.0	**1:16**	-0.3	6:22	5:52	
6	Sat	**7:26**	4.5	**7:55**	4.2	**1:20**	-0.2	**1:57**	-0.4	6:20	5:53	
7	Sun	**8:05**	4.6	**8:33**	4.4	**2:05**	-0.4	**2:36**	-0.6	6:19	5:54	
8	Mon	**8:45**	4.6	**9:13**	4.6	**2:49**	-0.5	**3:13**	-0.6	6:17	5:55	
9	Tue	**9:27**	4.4	**9:57**	4.6	**3:33**	-0.5	**3:50**	-0.6	6:16	5:56	
10	Wed	**10:14**	4.2	**10:46**	4.6	**4:18**	-0.5	**4:29**	-0.4	6:14	5:57	
11	Thu	**11:08**	3.9	**11:41**	4.6	**5:06**	-0.3	**5:12**	-0.2	6:12	5:58	
12	Fri			**12:07**	3.7	**6:02**	0.0	**6:05**	0.1	6:11	5:59	
13	Sat	**12:40**	4.4	**1:10**	3.5	**7:11**	0.2	**7:16**	0.3	6:09	6:00	
14	Sun	**1:42**	4.3	**2:15**	3.4	**8:27**	0.3	**8:35**	0.4	6:07	6:01	
15	Mon	**2:48**	4.2	**3:25**	3.5	**9:37**	0.2	**9:48**	0.3	6:06	6:03	
16	Tue	**3:59**	4.3	**4:37**	3.7	**10:38**	0.0	**10:51**	0.1	6:04	6:04	
17	Wed	**5:05**	4.4	**5:38**	4.0	**11:32**	-0.2	**11:47**	-0.1	6:03	6:05	
18	Thu	**6:02**	4.6	**6:30**	4.3			**12:21**	-0.4	6:01	6:06	
19	Fri	**6:50**	4.7	**7:15**	4.5	**12:39**	-0.3	**1:07**	-0.5	5:59	6:07	
20	Sat	**7:34**	4.7	**7:56**	4.6	**1:27**	-0.4	**1:50**	-0.5	5:58	6:08	
21	Sun	**8:15**	4.6	**8:36**	4.6	**2:13**	-0.4	**2:30**	-0.5	5:56	6:09	
22	Mon	**8:55**	4.4	**9:14**	4.6	**2:55**	-0.4	**3:06**	-0.4	5:54	6:10	
23	Tue	**9:36**	4.2	**9:52**	4.4	**3:35**	-0.2	**3:40**	-0.2	5:53	6:11	
24	Wed	**10:17**	3.9	**10:30**	4.3	**4:13**	0.0	**4:13**	0.1	5:51	6:12	
25	Thu	**11:02**	3.6	**11:10**	4.1	**4:50**	0.2	**4:45**	0.4	5:49	6:13	
26	Fri	**11:49**	3.4	**11:54**	3.9	**5:30**	0.5	**5:19**	0.6	5:48	6:14	
27	Sat			**12:39**	3.2	**6:18**	0.7	**6:02**	0.9	5:46	6:15	
28	Sun	**12:41**	3.7	**1:30**	3.1	**7:21**	0.9	**7:04**	1.1	5:45	6:16	
29	Mon	**1:32**	3.6	**2:25**	3.1	**8:31**	0.9	**8:21**	1.1	5:43	6:17	
30	Tue	**2:29**	3.6	**3:25**	3.2	**9:33**	0.8	**9:30**	1.0	5:41	6:18	
31	Wed	**3:32**	3.7	**4:25**	3.4	**10:26**	0.6	**10:27**	0.7	5:40	6:19	