

































## Highlands, NJ - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:18	3.5	4:04	3.0	10:14	0.6	10:05	0.7	6:28	5:47	
2	Tue	4:21	3.6	5:05	3.1	11:05	0.4	10:58	0.5	6:27	5:48	
3	Wed	5:19	3.8	5:55	3.4	11:51	0.2	11:47	0.3	6:25	5:50	
4	Thu	6:06	4.1	6:38	3.7			12:34	0.0	6:23	5:51	
5	Fri	6:48	4.3	7:17	4.0	12:34	0.0	1:16	-0.3	6:22	5:52	
6	Sat	7:26	4.5	7:55	4.2	1:20	-0.2	1:57	-0.4	6:20	5:53	
7	Sun	8:05	4.6	8:33	4.4	2:05	-0.4	2:36	-0.6	6:19	5:54	
8	Mon	8:45	4.6	9:13	4.6	2:49	-0.5	3:13	-0.6	6:17	5:55	
9	Tue	9:27	4.4	9:57	4.6	3:33	-0.5	3:50	-0.6	6:16	5:56	
10	Wed	10:14	4.2	10:46	4.6	4:18	-0.5	4:29	-0.4	6:14	5:57	
11	Thu	11:08	3.9	11:41	4.6	5:06	-0.3	5:12	-0.2	6:12	5:58	
12	Fri			12:07	3.7	6:02	0.0	6:05	0.1	6:11	5:59	
13	Sat	12:40	4.4	1:10	3.5	7:11	0.2	7:16	0.3	6:09	6:00	
14	Sun	1:42	4.3	2:15	3.4	8:27	0.3	8:35	0.4	6:07	6:01	
15	Mon	2:48	4.2	3:25	3.5	9:37	0.2	9:48	0.3	6:06	6:03	
16	Tue	3:59	4.3	4:37	3.7	10:38	0.0	10:51	0.1	6:04	6:04	
17	Wed	5:05	4.4	5:38	4.0	11:32	-0.2	11:47	-0.1	6:03	6:05	
18	Thu	6:02	4.6	6:30	4.3			12:21	-0.4	6:01	6:06	
19	Fri	6:50	4.7	7:15	4.5	12:39	-0.3	1:07	-0.5	5:59	6:07	
20	Sat	7:34	4.7	7:56	4.6	1:27	-0.4	1:50	-0.5	5:58	6:08	
21	Sun	8:15	4.6	8:36	4.6	2:13	-0.4	2:30	-0.5	5:56	6:09	
22	Mon	8:55	4.4	9:14	4.6	2:55	-0.4	3:06	-0.4	5:54	6:10	
23	Tue	9:36	4.2	9:52	4.4	3:35	-0.2	3:40	-0.2	5:53	6:11	
24	Wed	10:17	3.9	10:30	4.3	4:13	0.0	4:13	0.1	5:51	6:12	
25	Thu	11:02	3.6	11:10	4.1	4:50	0.2	4:45	0.4	5:49	6:13	
26	Fri	11:49	3.4	11:54	3.9	5:30	0.5	5:19	0.6	5:48	6:14	
27	Sat			12:39	3.2	6:18	0.7	6:02	0.9	5:46	6:15	
28	Sun	12:41	3.7	1:30	3.1	7:21	0.9	7:04	1.1	5:45	6:16	
29	Mon	1:32	3.6	2:25	3.1	8:31	0.9	8:21	1.1	5:43	6:17	
30	Tue	2:29	3.6	3:25	3.2	9:33	0.8	9:30	1.0	5:41	6:18	
31	Wed	3:32	3.7	4:25	3.4	10:26	0.6	10:27	0.7	5:40	6:19	