US HARBORS www.USHarbors.com

Highlands, NJ - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**9:15**	4.7	**9:35**	5.6	**3:17**	-0.4	**3:25**	-0.1	5:53	8:10	
2	Mon	**10:07**	4.8	**10:25**	5.4	**4:05**	-0.5	**4:17**	-0.1	5:54	8:09	
3	Tue	**10:59**	4.8	**11:16**	5.1	**4:50**	-0.4	**5:06**	0.1	5:55	8:08	
4	Wed	**11:51**	4.7			**5:34**	-0.3	**5:54**	0.3	5:56	8:07	
5	Thu	**12:06**	4.8	**12:42**	4.7	**6:16**	0.0	**6:44**	0.6	5:57	8:05	
6	Fri	**12:57**	4.5	**1:31**	4.6	**7:00**	0.3	**7:40**	0.9	5:58	8:04	
7	Sat	**1:47**	4.1	**2:18**	4.5	**7:47**	0.6	**8:41**	1.1	5:59	8:03	
8	Sun	**2:36**	3.9	**3:04**	4.4	**8:38**	0.9	**9:43**	1.1	6:00	8:02	
9	Mon	**3:26**	3.7	**3:52**	4.3	**9:33**	1.0	**10:41**	1.1	6:01	8:01	
10	Tue	**4:21**	3.5	**4:46**	4.3	**10:27**	1.1	**11:33**	1.0	6:02	7:59	
11	Wed	**5:21**	3.5	**5:42**	4.4	**11:19**	1.0			6:03	7:58	
12	Thu	**6:18**	3.7	**6:34**	4.5	**12:21**	0.8	**12:08**	0.9	6:04	7:57	
13	Fri	**7:08**	3.8	**7:19**	4.7	**1:06**	0.7	**12:54**	0.8	6:05	7:55	
14	Sat	**7:51**	4.0	**7:58**	4.8	**1:49**	0.5	**1:40**	0.7	6:06	7:54	
15	Sun	**8:31**	4.2	**8:35**	4.9	**2:32**	0.4	**2:25**	0.6	6:07	7:53	
16	Mon	**9:09**	4.3	**9:10**	4.9	**3:12**	0.2	**3:09**	0.5	6:08	7:51	
17	Tue	**9:46**	4.4	**9:45**	4.9	**3:49**	0.2	**3:50**	0.5	6:09	7:50	
18	Wed	**10:22**	4.5	**10:22**	4.8	**4:24**	0.1	**4:30**	0.5	6:10	7:48	
19	Thu	**11:01**	4.5	**11:03**	4.6	**4:57**	0.2	**5:10**	0.5	6:11	7:47	
20	Fri	**11:44**	4.6	**11:50**	4.4	**5:30**	0.2	**5:53**	0.6	6:12	7:46	
21	Sat			**12:33**	4.7	**6:06**	0.3	**6:44**	0.7	6:13	7:44	
22	Sun	**12:44**	4.2	**1:27**	4.8	**6:49**	0.5	**7:48**	0.8	6:14	7:43	
23	Mon	**1:44**	4.0	**2:24**	4.8	**7:47**	0.6	**9:03**	0.9	6:15	7:41	
24	Tue	**2:46**	3.9	**3:25**	4.9	**9:01**	0.7	**10:16**	0.7	6:16	7:40	
25	Wed	**3:53**	3.9	**4:32**	5.0	**10:16**	0.7	**11:21**	0.5	6:17	7:38	
26	Thu	**5:06**	4.0	**5:41**	5.1	**11:23**	0.5			6:18	7:37	
27	Fri	**6:16**	4.2	**6:44**	5.3	**12:19**	0.2	**12:24**	0.3	6:19	7:35	
28	Sat	**7:15**	4.5	**7:38**	5.5	**1:13**	0.0	**1:21**	0.1	6:19	7:33	
29	Sun	**8:07**	4.8	**8:27**	5.5	**2:04**	-0.2	**2:16**	0.0	6:20	7:32	
30	Mon	**8:56**	5.0	**9:14**	5.4	**2:53**	-0.3	**3:08**	-0.1	6:21	7:30	
31	Tue	**9:42**	5.1	**10:00**	5.2	**3:38**	-0.4	**3:57**	0.0	6:22	7:29	