US HARBORS www.USHarbors.com

Highlands, NJ - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:27	4.2	1:17	4.0	6:45	0.6	6:53	1.2	5:29	8:30	
2	Sun	1:11	4.0	2:00	4.0	7:25	0.7	7:48	1.3	5:30	8:29	
3	Mon	1:55	3.8	2:42	4.1	8:10	0.8	8:50	1.3	5:30	8:29	
4	Tue	2:39	3.7	3:24	4.2	9:00	0.9	9:52	1.2	5:31	8:29	
5	Wed	3:26	3.6	4:10	4.3	9:51	0.9	10:49	1.1	5:31	8:29	
6	Thu	4:22	3.5	5:02	4.5	10:42	0.9	11:42	0.8	5:32	8:29	
7	Fri	5:24	3.5	5:56	4.7	11:33	0.8			5:32	8:28	
8	Sat	6:24	3.6	6:47	4.9	12:33	0.6	12:23	0.6	5:33	8:28	
9	Sun	7:17	3.8	7:35	5.2	1:24	0.3	1:13	0.5	5:34	8:28	
10	Mon	8:06	4.0	8:22	5.4	2:14	0.1	2:06	0.3	5:34	8:27	
11	Tue	8:54	4.2	9:10	5.5	3:04	-0.1	3:00	0.2	5:35	8:27	
12	Wed	9:44	4.4	10:00	5.5	3:52	-0.3	3:52	0.1	5:36	8:26	
13	Thu	10:36	4.5	10:52	5.4	4:38	-0.4	4:43	0.1	5:37	8:26	
14	Fri	11:31	4.6	11:47	5.2	5:23	-0.4	5:34	0.1	5:37	8:25	
15	Sat			12:27	4.8	6:08	-0.3	6:29	0.3	5:38	8:25	
16	Sun	12:43	4.9	1:23	4.8	6:57	-0.2	7:31	0.5	5:39	8:24	
17	Mon	1:38	4.6	2:17	4.9	7:51	0.0	8:39	0.6	5:40	8:23	
18	Tue	2:33	4.4	3:10	4.9	8:48	0.2	9:47	0.7	5:41	8:23	
19	Wed	3:30	4.1	4:06	4.9	9:48	0.3	10:51	0.6	5:41	8:22	
20	Thu	4:31	3.9	5:05	4.8	10:46	0.4	11:49	0.5	5:42	8:21	
21	Fri	5:35	3.9	6:04	4.9	11:40	0.5			5:43	8:21	
22	Sat	6:36	3.9	6:58	4.9	12:42	0.4	12:32	0.5	5:44	8:20	
23	Sun	7:29	4.0	7:45	4.9	1:32	0.3	1:22	0.5	5:45	8:19	
24	Mon	8:16	4.1	8:29	4.9	2:20	0.3	2:10	0.5	5:46	8:18	
25	Tue	9:00	4.2	9:09	4.9	3:04	0.2	2:57	0.5	5:47	8:17	
26	Wed	9:43	4.2	9:49	4.8	3:45	0.2	3:41	0.6	5:47	8:16	
27	Thu	10:25	4.2	10:27	4.6	4:23	0.2	4:21	0.6	5:48	8:16	
28	Fri	11:07	4.2	11:05	4.4	4:57	0.3	4:59	0.7	5:49	8:15	
29	Sat	11:49	4.2	11:44	4.2	5:29	0.4	5:37	0.9	5:50	8:14	
30	Sun			12:31	4.1	6:00	0.5	6:16	1.0	5:51	8:13	
31	Mon	12:25	4.0	1:11	4.1	6:32	0.7	7:01	1.2	5:52	8:12	