US HARBORS www.USHarbors.com

Highlands, NJ - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:51	4.7	6:21	3.8			12:25	-0.3	7:18	4:39	
2	Tue	6:43	4.8	7:12	3.9	12:20	-0.3	1:17	-0.4	7:19	4:40	
3	Wed	7:30	4.8	8:01	3.9	1:11	-0.3	2:06	-0.5	7:19	4:41	
4	Thu	8:15	4.7	8:47	3.9	2:01	-0.2	2:52	-0.5	7:19	4:42	
5	Fri	8:59	4.6	9:34	3.8	2:48	-0.2	3:33	-0.4	7:19	4:43	
6	Sat	9:42	4.3	10:20	3.7	3:31	0.0	4:12	-0.3	7:19	4:44	
7	Sun	10:26	4.1	11:07	3.7	4:12	0.1	4:49	-0.1	7:18	4:45	
8	Mon	11:10	3.8	11:54	3.6	4:52	0.3	5:26	0.0	7:18	4:46	
9	Tue	11:55	3.6			5:36	0.5	6:04	0.2	7:18	4:47	
10	Wed	12:38	3.6	12:40	3.4	6:26	0.7	6:47	0.4	7:18	4:48	
11	Thu	1:22	3.6	1:25	3.2	7:26	0.8	7:38	0.5	7:18	4:49	
12	Fri	2:06	3.6	2:13	3.0	8:30	0.8	8:33	0.6	7:17	4:50	
13	Sat	2:53	3.7	3:08	2.9	9:31	0.7	9:28	0.5	7:17	4:51	
14	Sun	3:46	3.8	4:10	2.9	10:27	0.5	10:21	0.4	7:17	4:52	
15	Mon	4:42	3.9	5:11	3.1	11:18	0.2	11:11	0.3	7:16	4:53	
16	Tue	5:35	4.2	6:03	3.3			12:07	0.0	7:16	4:54	
17	Wed	6:22	4.5	6:49	3.5	12:00	0.1	12:55	-0.3	7:16	4:55	
18	Thu	7:06	4.7	7:33	3.7	12:49	-0.1	1:42	-0.5	7:15	4:57	
19	Fri	7:50	4.9	8:17	3.9	1:38	-0.3	2:27	-0.7	7:15	4:58	
20	Sat	8:34	4.9	9:03	4.0	2:28	-0.5	3:10	-0.8	7:14	4:59	
21	Sun	9:21	4.8	9:52	4.2	3:15	-0.6	3:52	-0.9	7:13	5:00	
22	Mon	10:10	4.7	10:44	4.3	4:03	-0.5	4:34	-0.9	7:13	5:01	
23	Tue	11:03	4.4	11:39	4.3	4:52	-0.4	5:18	-0.7	7:12	5:02	
24	Wed	11:59	4.1			5:48	-0.2	6:07	-0.5	7:11	5:04	
25	Thu	12:34	4.3	12:56	3.8	6:53	0.1	7:05	-0.3	7:11	5:05	
26	Fri	1:30	4.3	1:54	3.6	8:05	0.2	8:09	-0.1	7:10	5:06	
27	Sat	2:28	4.2	2:57	3.4	9:16	0.2	9:15	0.0	7:09	5:07	
28	Sun	3:32	4.2	4:05	3.3	10:21	0.1	10:17	0.0	7:08	5:08	
29	Mon	4:38	4.2	5:12	3.4	11:19	-0.1	11:14	-0.1	7:07	5:10	
30	Tue	5:39	4.3	6:10	3.5			12:11	-0.2	7:07	5:11	
31	Wed	6:31	4.4	6:59	3.7	12:07	-0.1	1:00	-0.4	7:06	5:12	