US HARBORS www.USHarbors.com

Highlands, NJ - Aug 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:28	4.6	10:42	5.1	4:30	-0.3	4:40	0.2	5:53	8:11	
2	Thu	11:16	4.8	11:32	4.9	5:10	-0.3	5:28	0.2	5:54	8:10	
3	Fri			12:08	4.9	5:51	-0.2	6:19	0.4	5:55	8:09	
4	Sat	12:26	4.7	1:03	4.9	6:35	0.0	7:19	0.6	5:56	8:07	
5	Sun	1:23	4.4	1:58	5.0	7:27	0.2	8:28	0.7	5:57	8:06	
6	Mon	2:21	4.2	2:55	4.9	8:29	0.4	9:40	0.7	5:57	8:05	
7	Tue	3:21	4.0	3:55	4.9	9:36	0.5	10:47	0.6	5:58	8:04	
8	Wed	4:27	3.9	5:00	4.9	10:41	0.5	11:48	0.5	5:59	8:03	
9	Thu	5:36	3.9	6:05	4.9	11:42	0.5			6:00	8:02	
10	Fri	6:39	4.1	7:02	5.0	12:43	0.3	12:38	0.4	6:01	8:00	
11	Sat	7:34	4.3	7:51	5.1	1:34	0.2	1:31	0.4	6:02	7:59	
12	Sun	8:22	4.5	8:36	5.1	2:22	0.1	2:22	0.3	6:03	7:58	
13	Mon	9:06	4.6	9:17	5.0	3:07	0.0	3:09	0.3	6:04	7:56	
14	Tue	9:49	4.6	9:58	4.8	3:48	0.0	3:53	0.4	6:05	7:55	
15	Wed	10:31	4.6	10:38	4.6	4:24	0.1	4:34	0.5	6:06	7:54	
16	Thu	11:12	4.5	11:18	4.3	4:59	0.2	5:13	0.6	6:07	7:52	
17	Fri	11:54	4.4			5:31	0.4	5:52	0.8	6:08	7:51	
18	Sat	12:00	4.1	12:37	4.4	6:02	0.6	6:33	1.0	6:09	7:50	
19	Sun	12:44	3.8	1:20	4.3	6:35	0.9	7:22	1.2	6:10	7:48	
20	Mon	1:31	3.6	2:03	4.2	7:14	1.1	8:23	1.3	6:11	7:47	
21	Tue	2:19	3.5	2:49	4.2	8:09	1.3	9:31	1.3	6:12	7:45	
22	Wed	3:11	3.4	3:41	4.2	9:18	1.3	10:34	1.2	6:13	7:44	
23	Thu	4:11	3.4	4:40	4.3	10:24	1.3	11:29	1.0	6:14	7:42	
24	Fri	5:16	3.5	5:41	4.5	11:23	1.1			6:15	7:41	
25	Sat	6:16	3.8	6:35	4.8	12:18	0.7	12:15	0.8	6:16	7:39	
26	Sun	7:05	4.1	7:22	5.1	1:05	0.4	1:06	0.5	6:17	7:38	
27	Mon	7:50	4.4	8:06	5.3	1:50	0.1	1:56	0.3	6:18	7:36	
28	Tue	8:33	4.8	8:50	5.4	2:35	-0.1	2:47	0.1	6:19	7:35	
29	Wed	9:17	5.1	9:35	5.4	3:18	-0.3	3:36	-0.1	6:20	7:33	
30	Thu	10:02	5.2	10:22	5.2	4:01	-0.4	4:25	-0.1	6:21	7:31	
31	Fri	10:51	5.3	11:13	4.9	4:43	-0.4	5:14	0.0	6:22	7:30	