US HARBORS www.USHarbors.com

Highlands, NJ - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:16	3.8	2:26	3.3	8:38	0.7	8:49	0.5	7:18	4:39	
2	Wed	3:04	3.8	3:19	3.1	9:36	0.7	9:39	0.5	7:18	4:40	
3	Thu	3:56	3.9	4:17	3.1	10:28	0.5	10:26	0.4	7:19	4:41	
4	Fri	4:49	4.0	5:13	3.1	11:16	0.3	11:12	0.3	7:19	4:42	
5	Sat	5:38	4.1	6:03	3.2			12:02	0.2	7:19	4:43	
6	Sun	6:22	4.3	6:47	3.4			12:47	0.0	7:19	4:44	
7	Mon	7:02	4.4	7:27	3.5	12:41	0.2	1:31	-0.1	7:18	4:45	
8	Tue	7:39	4.5	8:06	3.5	1:26	0.1	2:14	-0.3	7:18	4:46	
9	Wed	8:16	4.5	8:44	3.6	2:09	0.0	2:54	-0.4	7:18	4:47	
10	Thu	8:54	4.5	9:23	3.7	2:50	0.0	3:31	-0.4	7:18	4:48	
11	Fri	9:33	4.4	10:05	3.7	3:31	-0.1	4:07	-0.4	7:18	4:49	
12	Sat	10:17	4.3	10:51	3.9	4:12	0.0	4:44	-0.4	7:18	4:50	
13	Sun	11:06	4.1	11:43	4.0	4:56	0.1	5:23	-0.3	7:17	4:51	
14	Mon			12:00	3.9	5:49	0.2	6:10	-0.2	7:17	4:52	
15	Tue	12:37	4.1	12:57	3.7	6:56	0.3	7:08	-0.1	7:17	4:53	
16	Wed	1:33	4.2	1:57	3.5	8:12	0.3	8:14	-0.1	7:16	4:54	
17	Thu	2:33	4.3	3:03	3.4	9:25	0.2	9:22	-0.1	7:16	4:55	
18	Fri	3:39	4.4	4:14	3.4	10:30	0.0	10:26	-0.2	7:15	4:56	
19	Sat	4:47	4.5	5:23	3.6	11:29	-0.3	11:26	-0.4	7:15	4:57	
20	Sun	5:50	4.7	6:22	3.8			12:25	-0.5	7:14	4:59	
21	Mon	6:44	4.9	7:15	4.0	12:22	-0.5	1:18	-0.7	7:14	5:00	
22	Tue	7:34	4.9	8:05	4.2	1:17	-0.6	2:08	-0.8	7:13	5:01	
23	Wed	8:21	4.9	8:53	4.2	2:09	-0.6	2:54	-0.9	7:12	5:02	
24	Thu	9:06	4.7	9:40	4.2	2:57	-0.6	3:36	-0.8	7:12	5:03	
25	Fri	9:51	4.4	10:26	4.1	3:42	-0.4	4:15	-0.7	7:11	5:04	
26	Sat	10:36	4.1	11:13	4.0	4:25	-0.2	4:52	-0.4	7:10	5:06	
27	Sun	11:22	3.8	11:59	3.9	5:07	0.0	5:29	-0.1	7:09	5:07	
28	Mon			12:08	3.5	5:53	0.3	6:09	0.2	7:09	5:08	
29	Tue	12:44	3.8	12:54	3.2	6:45	0.5	6:54	0.4	7:08	5:09	
30	Wed	1:29	3.7	1:42	3.0	7:47	0.7	7:49	0.6	7:07	5:11	
31	Thu	2:16	3.6	2:34	2.9	8:51	0.7	8:49	0.6	7:06	5:12	