US HARBORS www.USHarbors.com

Highlands, NJ - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:20	3.5	2:53	2.9	9:09	0.8	9:08	0.9	6:28	5:47	
2	Sun	3:20	3.6	3:58	2.9	10:08	0.6	10:10	0.7	6:26	5:48	
3	Mon	4:24	3.7	5:00	3.2	10:59	0.3	11:03	0.4	6:25	5:50	
4	Tue	5:20	4.0	5:50	3.5	11:45	0.1	11:52	0.2	6:23	5:51	
5	Wed	6:08	4.3	6:33	3.9			12:29	-0.2	6:22	5:52	
6	Thu	6:50	4.5	7:13	4.2	12:40	-0.1	1:12	-0.4	6:20	5:53	
7	Fri	7:32	4.7	7:53	4.5	1:28	-0.4	1:54	-0.6	6:19	5:54	
8	Sat	8:13	4.7	8:34	4.8	2:15	-0.6	2:35	-0.7	6:17	5:55	
9	Sun	9:57	4.6	10:17	4.9	4:01	-0.7	4:15	-0.8	7:15	6:56	
10	Mon	10:44	4.4	11:05	4.8	4:47	-0.6	4:56	-0.7	7:14	6:57	
11	Tue	11:36	4.1	11:58	4.7	5:35	-0.5	5:39	-0.5	7:12	6:58	
12	Wed			12:34	3.9	6:27	-0.2	6:28	-0.2	7:11	6:59	
13	Thu	12:57	4.6	1:36	3.7	7:29	0.1	7:28	0.1	7:09	7:00	
14	Fri	1:59	4.4	2:39	3.6	8:43	0.3	8:43	0.3	7:07	7:01	
15	Sat	3:03	4.2	3:44	3.5	9:56	0.3	9:59	0.4	7:06	7:03	
16	Sun	4:10	4.1	4:53	3.6	11:01	0.2	11:07	0.3	7:04	7:04	
17	Mon	5:19	4.1	5:58	3.8	11:57	0.0			7:03	7:05	
18	Tue	6:21	4.3	6:53	4.1	12:05	0.1	12:46	-0.2	7:01	7:06	
19	Wed	7:12	4.4	7:39	4.4	12:57	-0.1	1:31	-0.3	6:59	7:07	
20	Thu	7:56	4.5	8:21	4.6	1:45	-0.2	2:14	-0.4	6:58	7:08	
21	Fri	8:37	4.4	8:59	4.7	2:31	-0.3	2:53	-0.4	6:56	7:09	
22	Sat	9:15	4.3	9:37	4.7	3:14	-0.3	3:30	-0.3	6:54	7:10	
23	Sun	9:53	4.2	10:13	4.6	3:54	-0.3	4:05	-0.1	6:53	7:11	
24	Mon	10:31	3.9	10:49	4.4	4:32	-0.2	4:37	0.1	6:51	7:12	
25	Tue	11:10	3.7	11:27	4.2	5:08	0.0	5:08	0.3	6:49	7:13	
26	Wed	11:51	3.5			5:44	0.3	5:38	0.5	6:48	7:14	
27	Thu	12:07	4.0	12:38	3.3	6:23	0.5	6:11	0.8	6:46	7:15	
28	Fri	12:52	3.8	1:28	3.1	7:10	0.7	6:54	1.0	6:44	7:16	
29	Sat	1:42	3.7	2:21	3.1	8:13	0.9	8:01	1.1	6:43	7:17	
30	Sun	2:35	3.7	3:16	3.1	9:23	0.9	9:25	1.1	6:41	7:18	
31	Mon	3:33	3.7	4:15	3.3	10:25	0.7	10:35	0.9	6:40	7:19	