US HARBORS www.USHarbors.com

Highlands, NJ - Aug 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:39	4.7	8:55	5.5	2:41	-0.3	2:43	-0.1	5:53	8:10	
2	Sat	9:29	4.9	9:43	5.4	3:30	-0.4	3:35	-0.1	5:54	8:09	
3	Sun	10:18	4.9	10:30	5.1	4:15	-0.4	4:24	0.0	5:55	8:08	
4	Mon	11:07	4.8	11:18	4.8	4:56	-0.3	5:10	0.2	5:56	8:07	
5	Tue	11:56	4.8			5:36	-0.1	5:55	0.5	5:57	8:05	
6	Wed	12:05	4.5	12:43	4.6	6:15	0.2	6:42	0.7	5:58	8:04	
7	Thu	12:54	4.2	1:30	4.5	6:55	0.6	7:34	1.0	5:59	8:03	
8	Fri	1:42	3.9	2:16	4.4	7:40	0.9	8:34	1.2	6:00	8:02	
9	Sat	2:31	3.6	3:03	4.3	8:33	1.1	9:36	1.2	6:01	8:01	
10	Sun	3:21	3.5	3:53	4.3	9:32	1.2	10:35	1.2	6:02	7:59	
11	Mon	4:18	3.4	4:48	4.3	10:30	1.2	11:28	1.0	6:03	7:58	
12	Tue	5:20	3.5	5:45	4.4	11:24	1.1			6:04	7:57	
13	Wed	6:17	3.6	6:37	4.6	12:16	0.8	12:13	1.0	6:05	7:55	
14	Thu	7:06	3.8	7:21	4.8	1:02	0.6	1:00	0.8	6:06	7:54	
15	Fri	7:48	4.1	8:00	4.9	1:45	0.4	1:46	0.7	6:07	7:53	
16	Sat	8:27	4.3	8:38	5.0	2:27	0.2	2:31	0.5	6:08	7:51	
17	Sun	9:03	4.4	9:15	5.0	3:07	0.1	3:15	0.4	6:09	7:50	
18	Mon	9:40	4.6	9:52	4.9	3:44	0.0	3:57	0.3	6:10	7:48	
19	Tue	10:18	4.7	10:33	4.8	4:20	0.0	4:39	0.3	6:11	7:47	
20	Wed	11:00	4.8	11:19	4.6	4:56	0.0	5:22	0.4	6:12	7:46	
21	Thu	11:48	4.9			5:33	0.1	6:10	0.5	6:13	7:44	
22	Fri	12:12	4.3	12:42	4.9	6:14	0.2	7:07	0.7	6:14	7:43	
23	Sat	1:10	4.1	1:40	4.9	7:05	0.4	8:18	0.9	6:15	7:41	
24	Sun	2:12	4.0	2:41	4.9	8:11	0.6	9:34	0.8	6:16	7:40	
25	Mon	3:16	3.9	3:45	4.9	9:27	0.7	10:43	0.7	6:17	7:38	
26	Tue	4:25	3.9	4:55	4.9	10:39	0.6	11:44	0.4	6:18	7:37	
27	Wed	5:35	4.1	6:02	5.0	11:43	0.4			6:19	7:35	
28	Thu	6:38	4.4	7:00	5.2	12:38	0.2	12:41	0.2	6:20	7:33	
29	Fri	7:32	4.7	7:50	5.3	1:29	0.0	1:35	0.1	6:20	7:32	
30	Sat	8:20	5.0	8:35	5.3	2:17	-0.2	2:26	0.0	6:21	7:30	
31	Sun	9:05	5.1	9:19	5.2	3:02	-0.2	3:15	0.0	6:22	7:29	