US HARBORS www.USHarbors.com

Highlands, NJ - May 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:42	4.7	2:28	4.2	8:20	0.2	8:31	0.6	5:54	7:51	
2	Sat	2:42	4.5	3:27	4.3	9:24	0.2	9:43	0.6	5:53	7:52	
3	Sun	3:42	4.4	4:27	4.5	10:24	0.1	10:48	0.4	5:52	7:53	
4	Mon	4:44	4.3	5:26	4.7	11:17	0.0	11:45	0.3	5:50	7:54	
5	Tue	5:44	4.3	6:20	4.9			12:05	0.0	5:49	7:55	
6	Wed	6:39	4.3	7:07	5.1	12:37	0.1	12:50	0.0	5:48	7:56	
7	Thu	7:27	4.3	7:50	5.1	1:25	0.0	1:33	0.0	5:47	7:57	
8	Fri	8:11	4.3	8:30	5.1	2:12	0.0	2:16	0.1	5:46	7:58	
9	Sat	8:53	4.2	9:09	5.1	2:57	0.0	2:58	0.3	5:45	7:59	
10	Sun	9:35	4.1	9:48	4.9	3:40	0.0	3:38	0.4	5:44	8:00	
11	Mon	10:18	3.9	10:28	4.7	4:20	0.1	4:17	0.6	5:43	8:01	
12	Tue	11:02	3.8	11:10	4.5	4:59	0.2	4:54	0.8	5:42	8:02	
13	Wed	11:50	3.7	11:54	4.3	5:37	0.4	5:31	0.9	5:41	8:03	
14	Thu			12:40	3.6	6:17	0.6	6:11	1.1	5:40	8:04	
15	Fri	12:42	4.1	1:29	3.6	7:01	0.7	7:00	1.3	5:39	8:05	
16	Sat	1:31	4.0	2:16	3.6	7:51	0.8	8:04	1.4	5:38	8:06	
17	Sun	2:18	3.9	3:01	3.8	8:47	0.8	9:15	1.3	5:37	8:07	
18	Mon	3:07	3.8	3:48	4.0	9:41	0.8	10:18	1.1	5:36	8:08	
19	Tue	4:00	3.8	4:39	4.2	10:31	0.6	11:14	0.9	5:35	8:09	
20	Wed	4:59	3.9	5:31	4.5	11:19	0.5			5:34	8:10	
21	Thu	5:57	4.0	6:22	4.9	12:06	0.6	12:05	0.3	5:34	8:10	
22	Fri	6:51	4.1	7:10	5.2	12:57	0.2	12:52	0.1	5:33	8:11	
23	Sat	7:42	4.3	7:57	5.5	1:48	0.0	1:42	0.0	5:32	8:12	
24	Sun	8:31	4.4	8:45	5.6	2:41	-0.2	2:34	-0.1	5:31	8:13	
25	Mon	9:23	4.4	9:35	5.6	3:33	-0.4	3:27	-0.1	5:31	8:14	
26	Tue	10:17	4.4	10:29	5.5	4:23	-0.4	4:19	-0.1	5:30	8:15	
27	Wed	11:15	4.4	11:27	5.3	5:13	-0.4	5:12	0.0	5:30	8:16	
28	Thu			12:16	4.5	6:04	-0.3	6:07	0.2	5:29	8:16	
29	Fri	12:28	5.1	1:16	4.5	6:58	-0.1	7:08	0.4	5:29	8:17	
30	Sat	1:28	4.8	2:13	4.6	7:56	0.0	8:16	0.6	5:28	8:18	
31	Sun	2:24	4.6	3:08	4.6	8:56	0.1	9:24	0.7	5:28	8:19	